



Camden Community News

Serving the neighborhoods of northwest Minneapolis since 1975.



April 2012

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Home Tour highlights homeowners who reinvested after tornado, and more: 63 homes celebrate city living and home improvement inspiration

By Margo Ashmore

The May 22 2011 tornado left lasting devastation, but hope and opportunity as well...that's the message hundreds of visitors to the Minneapolis & Saint Paul Home Tour will receive at two of the three homes featured on the April 28-29 tour in Webber-Camden and Folwell.

Architect and athletic trainer Alexander Zachary's home at 3911 Colfax Ave. N. was on the Minneapolis & Saint Paul Home Tour in 2006 with plain grey asbestos siding. The tornado ripped off the roof in the back and let the rain pour in and saturate the house. Although the front of the house sustained little damage, the back was so severely damaged that the home was not livable.

Now, "I've had packages delivered and the carrier has to look twice, they don't think they have the right address," Zachary said. He and partner Jason Wermager were not only able to re-side with warm colors, but also to realize their dream kitchen.

The tornado took off the chimney, and mold from water damage rotted the existing heating system. A

new high-efficiency furnace vented out the side of the house doesn't need a chimney, so they and contractors from Purpose Driven Renovation were able to reappropriate that space. Combined with an unneeded hallway they doubled counter space in the kitchen. Upstairs, they reconfigured the master bedroom area on the second floor for the feeling of a suite with more usable space.

Zachary said he's also grateful the living and dining rooms were able to be restored to where visitors think nothing changed.

Just a few blocks south and west, a small one-story home at 3647 Emerson lost its roof. The owner donated what remained to Urban Homeworks, a non-profit housing organization which provides jobs and skills training. They are renovating it and put on an entire second story, using Neighborhood Stabilization Program funds, and will be selling it through Project Reclaim, a contract-for-deed program that gives time to establish or clean up credit.

David Zelaya's home at 3927 Colfax sustained roof damage and a back door window poked out by flying branches. But he's on the Tour mostly to share how wonderful it is to be able to find a nicely remodeled home, affordable especially with buyer incentive programs that are still being offered. And, he said it's an excuse to finish buying furniture.

At the other end of the tornado path, repairs are underway on Blake Zochert's Washburn Avenue home near Plymouth Avenue. Meanwhile, he was able to restore a small home he had purchased to develop, and is living there now. That home is on tour at 1631 Upton Ave. N.

Other homes in North Minneapolis on tour include 2901 Logan Ave. N., 1518 Morgan Ave. N., 535 Sheridan Ave. N. and the Heritage Park Senior Campus. A complete list of the 63 locations for the Minneapolis & Saint Paul Home Tour will be available online in the first week of April at www.MSPHomeTour.com and printed guides will be at local libraries in April.



You can see Alexander Zachary and Jason Wermager remodeled home, 3911 Colfax, on the Home Tour.

Other homes, not on the home tour, that demonstrate making the best of the tornado:

Two doors down from 3647 Emerson, Ian Alexander's tall two-story home took the brunt of the tornado's fury on that block, several years of work and investment restoring the home blown away. The top story gone, what remained of the home was recently demolished. With insurance proceeds he was able to purchase a previously foreclosed home elsewhere in North Minneapolis that he is now gutting to remodel. "It'll be a few years before I'm ready for the Home Tour," he said.

Recently noted on WCCO's "Good Question," Camden residents Marie and Michael Porter didn't have enough insurance "so we're having to do most of the work ourselves." They are tiling the kitchen backsplash in increments that make the numerals in "Pi."

David and Alejandra Brown's Folwell home, on the Home Tour last year, lost one of its stone chimneys and more. In rebuilding the damaged second story, their architect redesigned the roof line to give more headroom.

Three homes, two in Webber-Camden and one in Folwell will be on the Minneapolis & Saint Paul Home Tour April 28-29. For two of them, the focus is definitely the tornado tales. One is Alex Zachary, the other is an Urban Homeworks project at 3647 Emerson, where the former owner donated the house and they will be selling it, after rehab, on Project Reclaim. The third house suffered some damage but is mostly on the tour for traditional reasons, to support the neighbor down the street and help spread the word that this is a great place to live, particularly when incentives make it affordable.



Mike Spicer, Urban Homeworks, in front of 3647 Emerson Ave. N. When the home was damaged in the tornado, the owner donated it to Urban Homeworks.

A healthier Camden Community becomes part of the upper Mississippi riverfront's future

Minneapolis has been awarded a grant that will help ensure that the future development of the upper Mississippi riverfront makes our city a healthier place. The funding will allow Minneapolis to conduct a health impact assessment that will add a health component to the City of Minneapolis Above the Falls Master Plan.

The grant was awarded by the Health Impact Project, a collaboration of the Robert Wood Johnson Foundation and The Pew Charitable Trusts, through support from the Blue Cross and Blue Shield of Minnesota Foundation. Minneapolis was chosen as one of 15 new grant recipients from among 250 applications from across the country.

The Above the Falls Master Plan will guide redevelopment of an industrial area along the upper Mississippi riverfront in the city and is intended to increase public access

and use of the waterfront, improve housing, add parks, increase employment opportunities and reduce environmental contamination. The area includes more than two miles of riverfront, including Camden, and extends into surrounding low-income neighborhoods with high baseline rates of health problems including asthma, diabetes and injuries due to violence.

Using this grant, the City will conduct the health impact assessment under the direction of the Above the Falls Citizen Advisory Committee and in collaboration with the Minneapolis Park and Recreation Board to assess the ways in which proposed elements of the Master Plan will affect the health of people in the area.

Health impact assessments look at potential health effects of policies and projects, and they help policy makers and

communities take a broad look at the impacts of decisions, helping maximize health benefits. For instance, the future development of the area may change exposure to air and water pollution, develop park land along the riverfront to provide opportunities for exercise, revitalize substandard housing, and attract businesses to the area. The health impact assessment will provide new health-based recommendations that will be incorporated into the master plan in order to optimize the net health impacts on the river and surrounding area.

The Health Impact Project is a leading national initiative dedicated to promoting the use of health impact assessments in the U.S. For info contact Dave Johnson at 612-673-3948 or david.johnson@minneapolismn.gov, or visit www.healthimpactproject.org.

Camden Community News
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Scoops

Think global and shop local! Do you own a business in Camden? Learn from other business owners at the **Northwest Minneapolis Business Association (NWMBBA)** Meetings on the third Tuesday of each month, 6:30 p.m. at Shingle Creek Commons. NWMBBA has been serving the community for 80 years! Get info at nwmpplsbusiness.com, info@nwmpplsbusiness.com or president@nwmpplsbusiness.com. Let's grow Camden together!



over 30 businesses that claim it as home! The newest addition to this northern gateway to Minneapolis is the Camden Tavern and Grill, (formerly Rachael's Club 46) at 4601 Lyndale Ave. N. Owners Curt Pestello(l), Neil Rodrigue(r), and Elaine Pestello (not pictured) were inspired by over 100 suggestions for the name of their new restaurant and bar. Those that contributed suggestions will be contacted about a special appreciation gift for their ideas. The owners are currently working hard on final touches and getting through the final City processes of opening up. They anticipate opening in April.

The public is invited to meet 'n greet **Camden Music School's** new instructors on Monday, April 2 from 5:30-6:30 p.m. at 3751 Sheridan. New instructors include: David Block - violin, viola; Bruce Jackson - piano, Prudence Johnson - voice, group singing; Youngju Lueck - piano; Delores Matthews - youth choir, group piano; Ginna Watson - violin, viola; and Daniel Zamzow - cello. CMS staff bios: www.camdenmusicschool.com/about-us/instructors/. Info 612-618-0219 or www.camdenmusicschool.com. Bruce Jackson and Ginna Watson have schedule conflicts during the meet 'n greet event. Anyone wishing to meet with them should contact Camden Music School for an appointment.

The Camden News loves to promote local businesses. If you know of a new business or one that's offering new products or services send the scoop to editor@camdenews.org.

2012 Camden Community News Deadlines

Issue	Pub. Date	Deadline
May	Apr. 27	Apr. 17
June	May 25	May 15
July	June 29	June 19
August	July 27	July 17
September	Aug. 31	Aug. 21
October	Sept. 28	Sept. 18
November	Oct. 26	Oct. 16
December	Nov. 30	Nov. 20
January '13	Dec. 28	Dec. 18

info@camdenews.org

Meditation

Our senses are our world
And it is found
Totally within us

~ By Tom Althoetmar

Camden Community News

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Free trees for folks affected by the tornado

The City of Minneapolis is offering 1,500 trees this spring for only \$25 each. The trees are approximately eight feet tall with one-inch trunks. Starting March 12, any Minneapolis property owner — whether resident, business or nonprofit — can order a tree to plant on private Minneapolis property this spring. An additional 400 trees will be available to residents in the tornado-affected area of North Minneapolis at no charge.



Varieties of trees available for \$25 are Bali cherry, bur oak, Black Hills spruce, Fall Fiesta maple, Honeycrisp apple, ironwood, Prairifire crabapple, Princeton elm, red bud (tree form) and Whitespire birch (clump form). Varieties available for the free trees program are Honeycrisp apple, swamp white oak, Firebird crabapple and Japanese tree lilac. Ordering began March 12 for both tree offerings at www.treetrust.org or 952-767-3886. Paper order forms will also be available at UROC (the University of Minnesota's Urban Research and Outreach Engagement Center at 2001 Plymouth Ave. N.) and at Northside Minneapolis Park and Recreation Board recreation centers. Additional forms are available by calling 952-767-3886.

For both programs: \$25 trees are available for Minneapolis residents, businesses and nonprofits. First-come, first-served. Limit one tree per property, maximum five properties per owner. Trees must be picked up May 12-14 at the City of Minneapolis Impound Lot. (The Saturday morning is the busiest time and longest wait.) Volunteers will be on hand to help load each new tree and complimentary bag of mulch into vehicles.

Tree Trust will host two free workshops for participants on proper tree planting and care 10 to 11 a.m., April 28, Powderhorn Park and 7 to 8 p.m., May 1, UROC (the University of Minnesota's Urban Research and Outreach Engagement Center at 2001 Plymouth Ave. N.). To register, contact Tree Trust's Forestry Department at 952-767-3886. Space is limited.

The City Trees program helps meet Minneapolis' eco-focused goal recognizing trees as a solid green investment. Since 2006, the City of Minneapolis has funded the City Trees program, a low-cost way for folks to help build the city's tree canopy. The City Trees program is a partnership between the City of Minneapolis and Tree Trust, a local nonprofit that works to improve the community environment. The free trees program for tornado-affected residents is made possible through a grant from State Farm Insurance and support from the Minneapolis Park and Recreation Board and the City of Minneapolis. In the past five years, the City Trees program has provided 7,500 trees planted in Minneapolis.

Orders for trees at www.treetrust.org or 952-767-3886. In previous years the trees have sold quickly. Property owners who order early will get the best selection.



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Outdoors

The Lind Community Garden and the Lind-Bohanon Neighborhood Association, are proud to grow our community by sponsoring the Potting Shed and Outdoor articles in the *Camden News*. For more information go to: www.lindbohanon.org or visit the garden at the intersection of 51st and Dupont Ave N.



Let's talk dirt

By Debbie Nelson, Master Gardener, University of Minnesota Extension Service Hennepin County

In spite of the amazing weather we've had, it is really too early to do much in the garden, other than keeping an eye open for perennials or bulbs that may start to emerge from the warming soil. If you decide to remove the mulch from them keep it handy, because you never know when the temperatures may suddenly dip and you will need to recover them to keep the new foliage from freezing.

But there is something you can do right now that can definitely benefit your garden this growing season and for years to come. Let's talk dirt! Soil, that is or "black gold" if you will. Soil is the basic resource upon which your plants (and grass) depend. Besides providing anchorage for plant roots, soil provides water, air and nutrients that are necessary for the plants' growth. The quality of your soil determines whether your lawns and gardens thrive, or merely survive; or in some cases do not survive. Most of us don't think about the soil, assuming that dirt is dirt. But there are many soil characteristics that affect how plants grow.

The soil texture determines its ability to hold and release water. The moisture and nutrients of the soil greatly affect what plants can grow in it. Sandy soil feels gritty, has low water holding capacity and is low in nutrients that plants need to grow. On the other end of the spectrum, clay is very sticky, poorly drained and hard to manage. It also has poor aeration, meaning that the oxygen that your plant roots need is unable to get between the tiny pore spaces of clay. Ideally, you want loamy soil that is between these two extremes. Loamy soils usually have good drainage, and good water and nutrient holding capacity.

If your soil tends to be closer to

one of the extremes, you can amend the texture by adding organic matter such as compost, rotted manure or peat. Adding organic matter can improve drainage, aeration and workability in clay, and improve the water retention in sand. Organic matter can also increase soil fertility and promote the presence of earthworms. (Earthworms use the organic matter as food and their digestive processes convert the organic matter into available plant nutrients.)

The chemical properties of your soil also affect plant growth. Plants need 17 elements for normal growth. Carbon, hydrogen and oxygen are found in air and water. The remaining 14 elements, including nitrogen, potassium and phosphorus, are obtained from the soil. Nitrogen, phosphorus and potassium are considered the "primary" nutrients. Nitrogen (N) contributes to foliage growth, phosphorus (P) develops healthy roots and stems, and potassium (K) produces flowers and fruits. Plants growing in soils deficient in any of these nutrients can benefit from fertilizer. Most garden fertilizers are sold as blends of the three primary nutrients. The three numbers on the fertilizer bag refer to the percentage of each nutrient in N-P-K order. For example 10-10-10 or 15-15-15 indicates an equal amount of nitrogen, phosphorus and potassium, while 33-0-0 labels a fertilizer as all nitrogen. Read the label and determine which nutrients you need to add to the soil. Do not add nutrients that your soil does not need, because too much can be as bad as not enough. To garden organically, there are all natural fertilizers available, the best and most commonly used is compost.

Another chemical property of soil that affects plant growth is the pH level, a relative measure of the acidity of your soil. The acidity affects the availability of nutrients in the soil and the ability of the plants to take in the nutrients. A pH of 7 is considered neutral, while a pH of less than 7 is acidic and greater than 7 is alkaline. The optimum pH for most plants is between 6.0 and 7.0, but there are some plants that prefer a soil outside that range (azaleas, rhododendrons and blueberries prefer acidic soils, other plants prefer alkaline soils).

So how can you determine the quality of your soil? A soil test. Every gardener should test their soil periodically to monitor the pH level, nutrient levels, soil organic matter content and texture. Soil testing kits are available at garden centers, but they often only measure pH and/or nutrient levels. Another alternative is to obtain a soil test from the University of Minnesota soil-testing lab; it will give you all the info you need for \$15. Taking the test is simple; collect soil samples from several spots in your lawn or garden, mix them together in a clean container and send it in with a form. (Sample lawns and gardens separately, they have different soil requirements.) To get the form and learn where to send your sample, visit <http://soiltest.cfans.umn.edu/index.htm> or call 612-625-3101.

And one last word about soil. There is no real definition of "black dirt." If you are thinking of bringing in a load, calling it "good black dirt" does not guarantee anything about the soil quality (only the color). It **may not** have any different texture, or nutrients than what you already have in your own back yard. Only a soil test will tell for sure.

Treasures by the river

By Allison Holzer, Kroening Interpretive Naturalist

On a visit to one of our river parks, you can't help but notice the graceful curves and massive trunks of the riverside cottonwoods. These giants among trees, which can reach heights of 120 feet, are impressive not only for their size, but also because they are extremely well-adapted to life along the river.

Scientists call cottonwoods *Populus deltoides* because of the triangular shape of their leaves, but most people recognize them as the trees that shed their tiny seeds on cottony tufts in June. While each seed has a very small prospect of making it to tree-dom, the mother tree hedges her bets by producing millions of seeds in a year—between 25 and 48 million!

Cottonwoods release these seeds just as the spring floodwaters are receding, giving them the best chance to land on bare soil. If a seed is lucky enough to land in a favorable situation, it can grow up to 13 feet in its first year and 5 feet each year after that, making cottonwoods the fastest-growing tree in North America. Its roots grow just as fast, anchoring it to the soil and giving the tree an excellent chance of holding its own during the next spring flood, while its thick bark protects the sapwood from flood-swept debris.

Cottonwoods are an important linchpin in the floodplain ecosystem: Beavers eat their bark, orioles nest in their branches, squirrels eat their buds, and bees collect bud resin for their hives. Because cottonwoods are short-lived (70 years on average) and rot easily, they provide important nesting sites for cavity-nesting birds and mammals. Cottonwood roots hold the riverbank soil, and when they do finally fall into the water, fish and the invertebrates they feed upon appreciate their cover.

The next time you visit the river, take a moment to appreciate the incredible lives of these river giants.

Come to Kroening Interpretive Center to celebrate spring at the Heron Egg Hunt, Saturday, March 31, noon-3 p.m. See and pet live bunnies and chicks. Hunt for hidden eggs and get a treat to take home. All ages. Cost is \$5. Drop by for Free Family Fundays each Sunday anytime 1-3 p.m. April topics are April Fools challenge, bird eggs, ants, herons and amphibians. Saturday programs are 1-3 p.m. and cost \$5. Topics are voyagers on April 7, Mississippi River games on April 14, and storybook animals on April 28. Call 763-694-7693 for info.

Concerned about the air and water of your community?

Come to the community gathering on Tuesday, April 3 to hear about the status of Northern Metals and HERC (the garbage burner) in North Minneapolis and how its emissions may impact the health and wellness of you, your family and neighbors. The event, Reality Check #1, is sponsored by Environmental Justice Advocates of Minnesota, Hawthorne Community Council, North American Water Office and Kwanzaa Community Church. The event is at Kwanzaa Community Church, 3700 Bryant, 6 p.m. (pizza will be served).

We call our community together as allies because: Illnesses, such as asthma, affect a disproportionate number of individuals in our urban area; urban farming is negatively impacted by contaminated soil and water; more materials could be composted rather than be burned; we have not been informed of decisions of businesses that directly affect us, and State law requires that an environmental impact study be made prior to increasing emissions, want to be sure that the process is adhered to both by Northern Metals and HERC. Info: Louis Alemayehu at 612-235-1938.

The Camden News is your forum

We welcome your opinions. Please keep your letters to the editor short, less than 500 words, and too the point. All letters will be edited for length and clarity. Send your letters with name, address and phone number to 3526-A Humboldt Ave. N., Mpls., MN 55412 or editor@camdennews.org. Anonymous submissions cannot be printed. Opinions expressed are those of the writers, not necessarily the Camden News.



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Yuck! Why does my cat do that?

By Kelly Benning, DVM

Feline urine marking (spraying) is a common concern for pet owners. It can be damaging to the household and the human-cat relationship. It is a behavior in which cats, male or female, urinate on a specific location, usually repeatedly, to mark their territory. It is often associated with anxiety or stress, social conflicts, environmental changes and addition of new cats to the household. This is a normal feline behavior and form of communication to other cats. Even if you have only one cat, he is trying to tell you something.

Urine marking is usually on a vertical surface, such as a wall or door. The cat will stand erect with his/her tail straight up in the air and release a small amount of urine. You may or may not actually see your pet doing this; you may just find out by the oh-so-pleasant smell. A cat that is spraying will use the litterbox for urination and defecation normally. The spraying is in addition to the routine elimination habits.

So what do you do? First schedule an exam with your veterinarian to rule out a medical issue such as a urinary tract infection. Once we have established behavioral reasons for marking, we approach it from the cat's perspective, addressing the underlying causes.

Increasing litterbox attraction—The litterbox should be clean and with a type of litter your cat likes. For example, if you use clumping litter then abruptly change to the sawdust kind, your cat may see this as unattractive and choose to not use it. Make sure you have enough litterboxes and in appropriate locations. Veterinary behaviorists recommend using the formula: $n+1$ = the number of litterboxes. So if you have three cats, you should have four litterboxes. Keep the litterboxes in quiet locations in several areas of the house. This prevents competition and bullying.

Dealing with social issues—Cats are social pets but they also like their space. Creating multiple feeding stations, resting places and litterbox locations helps to decrease stress. Also make sure that the "stressed" cat gets some alone time and attention. Providing four to six hours in a room with its own food, bed, cat tree and litterbox can decrease the stress level for all pets and you. Make sure you provide individual attention and play including grooming with your cat during this time.

What about behavioral tools? The biggest tool is having your pet spayed or neutered. A great product option is pheromone sprays and diffusers. Feliway® is often effective in decreasing or eliminating spraying behavior. It is also a great tool to use when introducing new cats to your household. Pharmacological therapy such as anti-anxiety or other behavior modification drugs can be very helpful. For some cats, it is a life-long tool whereas others are able to wean off completely over time. Ask your veterinarian if these tools would work for your household.

Bottom line is cats mark for a reason. Urinary behavior issues are one of the leading causes for feline euthanasia. If we work together we can help decrease that number and allow our feline friends to co-exist with us in pees (I mean peace).

Local Food Resource Hubs support gardeners to grow healthy, sustainable, local food

Northside residents who want to grow their own food but don't know how, and residents interested in low-cost seeds, seedlings, compost or classes can now become part of a neighborhood-based support network of urban gardeners and local food advocates.

The Local Food Resource Hubs Network, an initiative from the City of Minneapolis, community partners and Gardening Matters, is now in its second year. The four hubs are designed to get Minneapolis residents and community gardeners the tools and education they need to grow, preserve, cook and compost their own fresh produce by offering supplies, classes and connections.

Residents can join a Local Food Resource Hub and select the type of membership. Prices vary. Small garden memberships will receive 10 packets of seeds and 12 seedlings, medium garden memberships will receive 20 packets of seeds and 24 seedlings, and large garden memberships will receive 50 packs of seeds and 72 seedlings. Members can pick up packets of seeds and seedlings at their hub's distribution event this spring. Seeds and plants will be distributed April 14 and May 19. For distribution events visit www.gardeningmatters.org.

Memberships are available on a first-come, first-served basis. To reserve a spot contact 612-821-2358 or www.gardeningmatters.org/hubs. Last year the Local Food Resource Hubs Network served more than 600 members, distributed more than 14,000 packets of seeds and 15,000 seedlings, and expanded residents' food growing skills through classes and training. Visit www.minneapolis.gov/health/homegrown/index.htm.



**Saturday, April 14
10:00 AM – Noon**

The Warren: An Artist Habitat
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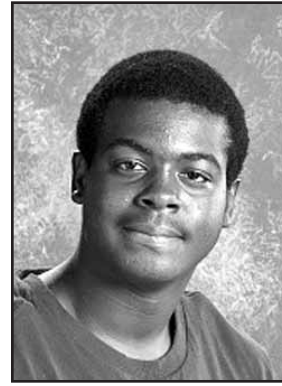
For more information, please see Victory Neighborhood Association news in the "Camden Neighborhoods" section of this issue.

A dedicated player in game and life

By Sue Quist

If you don't admire Eric Shaw, then I am certain that you have not met him. Eric Shaw is a three-sport athlete and a senior at Patrick Henry High School. His first sport was baseball, but it was in football that he received his first All City Award for his outstanding performance as a defensive and offensive lineman. His athletic talent also landed him a full-ride football scholarship to Ridgewater College in Willmar, where his intentions are to study veterinary science and become a vet tech, a goal he has held since his childhood. Surprisingly, it was neither baseball nor football that took him to a state high school tournament. This winter he decided to join the Patrick Henry wrestling team to stay in shape for football. He had never wrestled before, but by season's end he received the All City Award for wrestling as a heavyweight and he became the first Patriot since 2008 to represent the school at the State High School Wrestling Championships after winning "true-second" at the Section 7 Regional Championships.

Eric's accomplishments as an athlete are admirable, but when you consider the rest of his story, you begin to understand what an extraordinary young man Eric is. Last May he and his family were displaced by the tornado that ripped through North Min-



Eric Shaw.

neapolis. On May 22 he was hanging out with friends when the sirens went off. He reports that they looked out the window and literally saw the tornado drop out of the sky. His friend's basement provided them safety, as walls and window blew away, but when the winds calmed, he had one thing on his mind – his brothers, who were at home a few blocks away. Eric's brothers were unscathed, but the house was not and the family would have to move, ending up in east Roseville. Eric said he did not want to miss out on his senior year at

Patrick Henry, where he played sports and had many friends, including a girlfriend. This meant he would have to get up at five o'clock every day, and take three city buses to get to school in time for first hour. Remarkably Eric does not have a single unexcused absence during his senior year. Not surprisingly, Eric also received recognition as the most dedicated player on the Patrick Henry football team.

Most certainly Eric had to leave things behind after the tornado, but he demonstrates that what you leave behind may not be as important as what you take with you. Congratulations to Eric for his hard work, dedication and accomplishments. And thanks Eric. You make your family, school and community proud.

Spring's a good time to explore the bicycling boom on the Northside

Northsiders have better access to biking and walking resources this spring than ever before. Last fall, Venture North Bike Walk and Coffee, 1830 Glenwood, became the first bike shop on the Northside. Venture North is a bike walk center and coffee shop, especially oriented toward serving the needs of those who are getting into bicycling or walking for the first time or getting back into it after some time.

Community members can take classes at Venture North on bike maintenance, safety and healthy living, as well as join biking, walking and running clubs hosted by the store. Venture North is also providing a unique employment and training program for Northside youths, including a mechanic training program for young adults.

In addition to the bike walk center, biking became easier on the Northside with the opening of bike lanes

last fall on Emerson and Fremont Aves. (parallel one-way streets) between Plymouth and 33rd Aves. New bike lane designations have also been added to 7th St. N, from Plymouth into downtown.

Minneapolis is a city for active lifestyles, walking and biking, and the City of Minneapolis provided funding to Redeemer Center for Life, a local non-profit organization, to start Venture North as a way to improve access for affordable physical activity opportunities among Northside residents. The center was partially funded by the City of Minneapolis Department of Health and Family Support through its Communities Putting Prevention to Work grant, part of the American Recovery and Reinvestment Act and made possible by the U.S. Department of Health and Human Services.

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Prepared and paid for by Diane Hofstede for City Council, 610 Ramsey St. NE, Mpls. MN 55413

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Paska - Ukrainian Easter Bread

By Marie Porter

Growing up, my absolute favorite part of Easter was Ukrainian Easter bread called Paska. After the egg hunt was over, I knew we'd be going to my grandmothers and this delicious, citrusy bread would be waiting for us. So good. It's sweet, a cross between a cake and a bread, traditionally served at Ukrainian Easter celebrations. I think of it as a breakfast bread... served warm, fresh out of the oven or microwaved. It's a very tender, moist bread, so be sure to keep it from drying out. Also, the recipe makes a ton of bread, so be prepared to make some friends very happy. There seem to be some wildly different ideas of what Paska entails—many don't have citrus, some have a frosting—but this is what I was raised on, and it won't disappoint!

- | | |
|--------------------------------------|-------------------------------------|
| 1/2 cup warm water | oranges |
| 1 tsp sugar | 1 tsp salt |
| 2 packets active dry yeast (4.5 tsp) | 1 1/2 cups scalded milk, cooled |
| 3/4 cup butter, softened | 12+ cups all purpose flour, divided |
| 2 cups sugar | 2 egg yolks |
| 8 eggs, beaten | 1 Tbsp water |
| Juice of 1 lemon and 1 orange | |
| Zest of 1-2 lemons and 1-2 | |

Stir sugar into warm water. Sprinkle yeast on top of sugar water, gently incorporate. Allow to sit for 10-15 minutes, until bubbly.



In a stand mixer, cream together butter and sugar until fluffy. Add eggs, continue to cream until well incorporated and fluffy once more. Add juices, zest and salt to the mixture, mix until combined. Add scalded milk, continue to mix until well incorporated and smooth. Add 4 cups of flour, combine well. Add yeast mixture, mix until well incorporated. If you have a dough hook attachment for your mixer, affix it now. Slowly add remaining flour until a good, coherent bread dough comes together. It should be only very slightly sticky to the touch—not super sticky, and not really dry.

Turn dough out onto a floured surface, and knead for a few minutes. Dough should be smooth, elastic, and no longer sticky when it's been kneaded enough.

Put dough into a lightly greased bowl or pot, cover top with plastic wrap, and allow to rise in a warm area until doubled in size, about 1 to 1 1/2-2 hours. Once doubled, beat down the middle of the dough and allow to rise another hour.

Now here's the fun part. Reserve about 1/3 of the dough for decorations, and divide remaining dough out among the pans you'll be using (grease them first!). For the main body of your breads, you'll want the dough to fill about 1/3 of each baking pan—they'll rise like crazy. Halfway full if you're adventurous, but don't say I didn't warn you. Cover pans and reserved dough loosely with plastic wrap and allow to rise another 30 mins.

Once 30 minutes are up, use the reserved dough to make designs on the top of each loaf. Braids, twists, curls, crosses and rosettes are popular/traditional, but have fun with it. Use toothpicks to secure designs in place until after baking. Cover loosely with plastic, allow to rise one last time, 30 minutes.

While your dough is rising, whisk together the remaining egg yolks and water to create an egg wash. This glaze will give your finished Paska a shiny, dark brown finish. Preheat oven to 350°F. Once final rise is finished, brush entire top of each loaf with egg wash.

Bake loaves for 10 minutes. Without opening the oven door, lower the heat to 325°F and continue to bake for another 40 minutes. Cool Paska for 10-15 minutes (if you can handle the wait), then gently remove from pans and transfer to a wire rack or wooden cutting board to continue cooling.

Fourth Ward Report

Compostable bags or reusable containers now required for yard waste pickup
 Minneapolis Solid Waste & Recycling customers getting ready to take care of their yards this year need to know which bags to use for yard waste. Starting on garbage day in the week of April 9 – the beginning of this year's yard waste collection season – bagged yard waste put out for collection must be in compostable bags – either paper bags or compostable plastic bags – or reusable containers. **A four-week grace period will allow a transition for folks who have plastic leaf bags filled from last season. An educational/instruction tag will be left by collection crews during this four-week transition period. Through trash day the week of April 30, leaves in non-compostable plastic bags from last year will be collected.** Due to the extra work and expense this requires, however, the City requests that if you still have empty non-compostable plastic bags, please do not fill them. **After the week of April 30, yard waste in plastic bags will be left and tagged for resident re-packaging.** Using paper and compostable plastic bags rather than conventional lawn and garden plastic bags will reduce the amount of plastic being sent to local composting facilities. Screening out less plastic from the finished compost means lower processing costs and better quality of the finished compost. The compostable bag requirement is a state law. Compostable plastic bags are distinct from conventional lawn and garden plastic bags because they are usually clear or a translucent shade of green, pink or white. Most home improvement, grocery and hardware stores now carry them. Anyone who prefers not to purchase these compostable bags may place unbagged yard waste in a reusable container with sturdy handles. Other options include dropping off yard waste at a compost facility and taking the bag back home, or composting yard waste at home and using the nutrient-rich compost for gardens and lawns. Minneapolis solid waste customers can set bags of yard waste, bundles of brush and reusable yard waste containers next to their garbage cart by 6 a.m. on their garbage pickup day. Branches and leaves must be tied with string or twine, bagged in a compostable bag or placed loose in a reusable container. Compostable bags and reusable containers must be 33 gallons or less and weigh less than 40 pounds. Branches must be less than three inches each in diameter and less than three feet long. Bundles must weigh less than 40 pounds. For questions about leaf and brush pickup, call 612-673-2917 from 8 a.m. to 4:30 p.m. or visit www.minneapolis.gov/solid-waste/recycling/index.htm.

Council Member Barbara A. Johnson
 Phone: 673-2204 Fax: 673-3940

Web page: www.minneapolis.gov/council/ward4/index.htm
 Contact Form: <http://www.minneapolis.gov/ward4/contact-ward4>

Economic recovery in Minneapolis

Year end data shows a decline in the unemployment rate—the lowest since October 2008, growth in the labor force and job creation—the highest 12-month job growth rate since 2006. In the area of construction, more residential units were permitted in 2011 than any other city in the metro area and permit activity returned to pre-recession levels. Foreclosure numbers also declined; there were 50% fewer foreclosures in 2011 compared to the all time high rate in 2008. At the end of 2011, the City's economic and housing markets continued to exhibit steady growth across a range of indicators:
 As of December 2011 [latest month available], the City's unemployment rate was 5.3%, the same as the metro area, and lower than the state-wide rate [5.7%] and national rate [8.3%]. This was the lowest City unemployment rate since October 2008.
 On an annual basis, the City's labor force grew by 0.5% compared to 2010 [faster than metro and state] and 2300 more city residents were working, for a year to year growth rate of 1.2%, equal to the metro and higher than the state [1.1%].
 According to the Minnesota Department of Employment and Economic Development, 5,300 jobs were added in Minneapolis between the 2nd quarter of 2010 and 2nd quarter of 2011 [latest reporting period]; the rate of job growth in the City over this 12 month period was +1.9%, well ahead of the metro area [1.1%] and the state [1.3%]; this was the highest 12 month increase in jobs since 2006.
 Foreclosures dropped 25% in 2011 [1,719] compared to 2010 [2,308] and is nearly 50% less than the all-time highest rate in 2008.

Breakfast with Barb

Please join me on: Tuesday, April 17, 7:30-8:30 a.m. at Lowry Café, 2207 Lowry Ave. N. My guest will be Inspector Mike Martin, Minneapolis Police-Fourth Precinct. We will be discussing public safety issues in the 4th Ward. Come join the discussion and enjoy a great breakfast. Most breakfast items are under \$9.

4th Ward E-Newsletter

Sign up for the 4th Ward E-mail newsletter at: <http://www.minneapolis.gov/contact/email-form-johnson.asp> In "questions/comments" type "newsletter" and you will be added to the list.

Mortgage Assistance Program helps

Since 2008, the City of Minneapolis has helped nearly 350 home buyers purchase homes in neighborhoods stressed by foreclosure through its Minneapolis Advantage Program. If you're in the market for a home, this forgivable loan program can help you with down payment and closing costs. Approximately \$400,000 (25 loans) is available to help potential buyers purchase a foreclosed home in eligible neighborhoods. Based on income eligibility requirements, buyers at or below 80 percent of the area median income (\$64,000 for a four-member household) can receive up to \$20,000 and buyers within 120 percent of the area median income (\$100,700 for a four-member household) can receive up to \$10,000. These funds can be used to pay for closing costs and down payment assistance. For info call 612-588-3033 or go to www.minneapolis.gov/cped/housing and click on

Minneapolis Advantage NSP Mortgage Assistance. The success of this program has spurred additional investment from partners who also want to help with recovery. The City's investment of \$1.2 million in the program has leveraged an additional \$3.2 million from Wells Fargo, Minnesota Housing, Federal Home Loan Bank Des Moines and through the U.S. Department of Housing and Urban Development Neighborhood Stabilization Program.

If you're interested in purchasing a foreclosed home go to www.ownahomemn.org for a listing of foreclosed homes that have been renovated and are on the market. Also, www.livemsp.org provides a directory of home buyer incentive programs and resources by neighborhood, and www.hocmn.org offers resources and education to home buyers.

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Camden Arts

Bruce Jackson – Multi-instrumentalist and songwriter

By Mick LaBriola

In the late '60s and early '70s an abundance of musical talent was emerging from the Twin Cities. This very powerful and dynamic Rhythm & Blues movement helped put the Twin Cities on the national musical map; producing hard hitting grooves. At the very core of its inception, keyboardist and multi-instrumentalist (mandolin, fiddle, dobro, banjo, harmonica and accordion) Bruce Jackson became an integral part of this legacy.

The magnanimous and rapturous Bruce Jackson is a musician, songwriter, bandleader, certified piano tuner and music educator. He and his partner, Beth Ann Hedman Dodds are recent arrivals to Camden.

Beth is a vocalist, formally singing with the choir at St. Georges Episcopal Church in St. Louis Park. She is the site coordinator for the Loaves and Fishes dining facility in Coon Rapids and sub-coordinator in Richfield. Beth invites musicians to perform at the soup kitchens. She says, "We are always looking for musicians to serve the community. Bruce and I "cook and play," and along with other musicians have prepared meals for up to 150 people and then play music afterwards."

Bruce and Beth are members of a jazzy, funky, folky, bluesy music project called MOONDOGS88, conceived in 2001. The band is hoping to release their first CD this summer. Sample their music or contact Bruce for bookings at moondogs88.com/moondogs88.com/Welcome.html.

Bruce was among the plethora of outstanding musicians that emanated from the White Bear Lake area. He grew up a half a mile from the preeminent vocalist Doug Maynard, and together they performed, recorded and created songs for about a decade.

Music was abundant in Bruce's childhood. He recalls at about age five hearing the delightful turn-of-the-century, parlor-music piano-playing of his grandmother, Loretta Pearl Jackson. "I remember hearing Cotton Fields and country music like Hank Williams and Marty Robbins. And I've got old reel-to-reel tapes of her singing. Then there was Aunt Betty Jean, the meat-and-potatoes piano player whose rich lush chords implemented sixths and seconds. Betty Jean would play music of jazz giant George Shearing."

By age 12, Bruce was playing guitar, emulating the Beach Boys and Beatles. He played at talent shows and car shows. At age 15-16, Bruce was playing a



Bruce Jackson.

red-Italian Farfisa electric keyboard. His first band was The Uncalled Four. And by high school he had a more serious project; an R&B soul band called Soul Syndicate. "I went from rock to R&B to Miles Davis."

In 1970-71 Bruce joined the Marauders with Doug Maynard, performing jazz and R&B. Later the band turned into a space funk group called Yak Yak Boom without Maynard, leaving other members to cover the vocals. "Whatever we did, we took it out. Never did a song for three minutes, we jammed it out! I got connected with the whole Minneapolis

music industry—we were hooked up!"

Bruce continued to work with Maynard in the Space Heaters at the 400 bar and later with the Doug Maynard Band. Maynard released an album called *Lullaby*. And together they co-wrote a cut on the album, *Angel in the Garden*; produced on Cold Wind Records, by Tim "Dr. Dog" Bradach (coldwind.com).

While studying music theory at Lakewood Junior College in 1977, Bruce's career became permanently transformed. Bruce started taking piano lessons with a legally blind bossa nova jazz pianist and keyboardist from São Paulo, Brazil; Manfredo Fest. "He would sit you down on the same piano bench that he was seated at, turn the cassette deck on and start playing up and down the 88's. He taught me how to really play! Manfredo showed me how to create your own mix. In 1999 my dad passed away and two weeks later Manfredo also died; I was devastated!"

From 1980-88 Bruce worked at Torp's Music in St. Paul, a musician's instrument staple at the time. In 1987-88 he worked with Mambos Combo. And in 1990 joined the reggae band Ipso Facto. Ipso won the Best Unsigned Band in the World award and obtained a recording contract from Epic Records. Later in the '90s Bruce worked with the 617 House Band.

Bruce teaches at Evans Music in White Bear Lake, and starts teaching very soon at Camden Music School, 3751 Sheridan Ave., 612-618-0219. MOONDOGS88 currently performs at Manitou Station Restaurant, 617 Lounge, Tally's Dockside and Admiral D's, all in White Bear Lake. Beth and Bruce have been writing music together and want to "Get the one on the wall that sticks." They have a great bunch of guys in the group and are constantly looking for new places to perform. Bruce says, "In music, the more you know, the less you know—the deeper it gets."

News from the Northside Arts Collective

By Jeanne Fish

"Impressions—Northside" is a juried exhibition of Northside Arts Collective (NAC) members' work at University of Minnesota Urban Research & Outreach/Engagement Center, 2001 Plymouth Ave. The show features two and three dimensional visual art work of select members. The show opened on March 12 and runs thru Thursday, April 26; the artists' reception is Wednesday, April 11 from 5-8 p.m., program at 6:30 p.m. The reception will include a variety of performances by NAC members—mark your calendars for this event!

NAC member among finalists for literary award: Visual artist and novelist Christine Stark is among the finalists for the Lambda Literary Awards, announced recently by the Lambda Literary Foundation in Los Angeles. Books from major mainstream publishers and from academic presses, from both long-established and new LGBT publishers, as well as from emerging publish-on-demand technologies, make up the 119 finalists for the "Lammys." The finalists were selected from a record number of nominations. The awards, now in their 24th year, celebrate achievement in lesbian, gay, bisexual and transgender (LGBT) writing for books published in 2011. Winners will be announced at a June 4 ceremony in New York at the CUNY Graduate Center.

NAC members selected for exhibition: "Black & White: The Absence of Color," Mpls Photo Center, 2400 N. 2nd St., 2nd Floor Galleries. Long-time members Pat Carney and Steve Zimmerman have had their photographic submissions selected as part of this 70-piece show featuring work from photographers from around the country. Carney, also NAC's board chair, will show the photo entitled *Smoke* – it's a photo he took while working for the Devils Lake Daily Journal in 1968. Zimmerman's photo is a silver gelatin print from negative, entitled *Combine and Corn Lily*.

Big season for Workhouse

By Mark Webb

It's been a busy year for Camden's own Workhouse Theatre Company (WTC). This season has brought on exciting new changes, including a largely expanded season. WTC included five main stage productions, as well as readings and other special events. This began in September with a reading of Anne Nelson's *The Guys*, in honor of the 10-year anniversary of 9-11; followed by our season opener *Rabbit Hole*, by David Lindsay-Abaire, and directed by Camden resident Diane Mountford. During December we presented a reading of *The Polar Express*, adapted by Workhouse Artistic Director Alissa Blaeser for Holiday on 44th, followed by *The Eight: Reindeer Monologues*, directed by Workhouse Executive Director Mark Webb. WTC's most recent adventure was Lanford Wilson's *Talley's Folly*, featuring Bruce Abas and Jaime Kleiman (previously seen in *How I Learned To Drive*).

Our season continues with Michael Frayn's *Copenhagen*, directed by Bryan Bevell, opening April 27. Synopsis: In 1941, German physicist Werner Heisenberg went to Copenhagen to see his Danish counterpart, Niels Bohr. Together they had revolutionized atomic science in the 1920s, but now they were on opposite sides of a world war. In this insightful drama acclaimed in London and on Broadway, the two men meet in a situation fraught with danger, in hopes of discovering why we do what we do. *Copenhagen* features Bob Malos, Michael Jurenek, and Muriel Bonertz. We welcome back Michael, who previously performed in *How I Learned To Drive* and directed *Apartment 3A*. Muriel returns to us one again as well. She previously performed in our Ivey Award winning *night Mother* and read for *The Guys*. For tickets to *Copenhagen* visit www.workhousetheatre.org.

Workhouse Theatre Company is a professional theatre company serving North Minneapolis. We are primarily comprised of volunteers. If you'd like to help out, we would love to have you join us. You don't have to be a "theatre person." All you need to have is an interest. There are many things to do, such as helping to run box office, building or striking sets, painting, distributing show advertisements around the community, and more. If you have an interest in lending a hand contact mark@workhousetheatre.org or Alissa@workhousetheatre.org.



Bruce Abas and Jaime Kleiman performed in WTC's recent production of *Talley's Folly*. Photo by Duane Atter.

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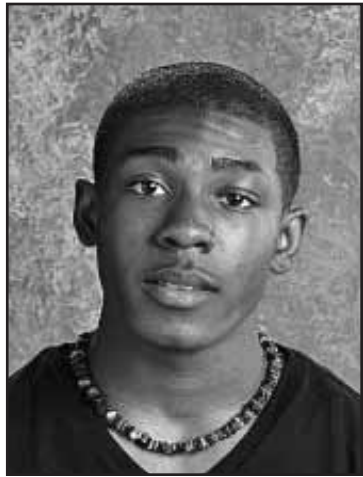
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Camden Youth & Schools

Patrick Henry was a slave owner

By Patrick Henry High student, Dion



Dion.

Patrick Henry was a famous Revolutionary War leader who fought the English for freedom for some people living in the early United States, or what was then called the Colonies. Henry's famous expression was, "Give me liberty or give me death." But I

asked myself, how could he have said this and fought so hard and so bravely for freedom, and still owned slaves?

Much of the information that I refer to is taken from the book, *Patrick Henry, First Among Patriots*, by Thomas Kidd and published by Basic Books in 2011. In my research I learned that Patrick Henry's history of slave ownership began when he was a "broke eighteen year old who married a sixteen year old named Sarah Shelton. Sarah lived a few miles from Patrick Henry in Virginia where many farmers owned slaves. Sarah's father was a wealthy landowner who gave Patrick Henry a wedding gift of a three hundred acre farm and six slaves."

Henry himself was raised in a family that owned slaves, but now he owned his own slaves. He was like most of the slave owners back then, an owner of 20 slaves or less. One of his neighbors, Thomas Nelson, a signer of the Declaration of Independence had 208 slaves. After his wife died in 1777 Patrick Henry remarried and received even more slaves at the time of

his second marriage. When he himself died, he owned 67 slaves which made him one of the slave owners with the most slaves in Virginia. Henry admitted that owning slaves was problematic, but what I don't understand is how can it be problematic? It's a direct contradiction to speak out for freedom for some and still own slaves, especially since many Virginians back then took pride in doing their own work, and they believed that slavery often caused laziness in the slave owners.

Still Henry kept his slaves. Owning slaves allowed Henry to farm tobacco—the beginning of a lifelong livelihood...Over time he came to realize that raising tobacco was an essential element of his pursuit of financial independence."

It was a harsh existence for slaves during Patrick Henry's time. Slaves who resisted were punished severely. Not far from where Patrick Henry lived, a slave tried to escape and the slave owner petitioned the local court to have that slave's foot cut off. That area is known as Negro's Foot. Reading about this makes me angry. I want to snap out, because it makes me feel like I am getting my leg cut off. That's a part of my history.

The Quakers were an influential religious group of that time that spoke out against slavery. They probably spoke to Patrick Henry to change his opinions on slavery, but were unsuccessful. Patrick Henry was interested in buying land, and in Virginia that often meant buying slaves as well. Henry made no effort to free slaves of farms that he tried to buy.

I think the name of Patrick Henry High School should be changed because they push us so hard to come to school, but we really don't do anything for Black History. They want us to push hard, but how can we push hard when our school is named after a slave owner?

Harris-Berry named Principal of North Community High School Arts and Communication Program

By Buzzy Bohn

Dr. Shawn Harris-Berry, newly appointed principal at the new North Community High School Arts and Communication Program, has a vision for the school — "Cultivating scholarly global citizens through inquiry, arts, and communications." She also wants everyone to know that first and foremost, the North High Arts and Communication will be a college preparatory program. Even though there will be an arts and communication focus, the main priority is to ensure that students will be college and career ready when they graduate. In addition to appointing Harris-Berry, Superintendent Bernadeia Johnson appointed Vernon Rowe as the assistant principal for both the Arts and Communications School and for the Senior Academy (current North program).



Superintendent Bernadeia Johnson, Shawn Harris-Berry.

Superintendent Bernadeia Johnson asked the North High Redesign Committee to interview two principal candidates and then meet with her to give her their feedback and their thoughts. The committee said that they thought both candidates would bring different needed strengths to the school. Then the committee asked Johnson "could we have them both?" She said she would consider that request when she made her decision. She did decide to give North High both of these highly qualified individuals. Harris-Berry was most recently the principal at the Whittier International Baccalaureate School. Vernon Rowe was most recently an assistant principal at Roosevelt High School. He was an assistant principal at Olson Middle School in the past and has strong Northside connections.

On March 5 a community dinner reception was held at the Minneapolis Urban League to give the community a chance to learn more about the new Arts and Communication School and to meet Harris-Berry and Rowe. Superintendent Bernadeia Johnson talked about the new school and discussed the partnership between the school district and the Institute for Student Achievement (ISA), a national nonprofit school reform organization that works with schools and districts to transform public high schools using an education framework that has proven to improve student achievement. Harris-Berry laid out how she planned to meet her vision and how the principals of ISA would be implemented. Dr. Gerry House, CEO and President of ISA, explained each of the seven principles of the ISA model and how they will promote student achievement at North.

Principal Harris-Berry plans on being out in the community so that families and community members can get to know her and learn more about North. She is also hosting a monthly Principal Roundtable. The next one is Thursday, April 26 at 10 a.m. and again at 6 p.m. The May roundtables will be held on May 24. For info about North High or to read all of Principal Harris-Berry's message from the March 5 community dinner go to <http://north.mpls.k12.mn.us/>.

Leos in action

By Bonnsy Vue

The PHHS Leo's in Action is a club at Patrick Henry High School focusing on public service for the community. This club was formed from two previously separate organizations. The organizations were the Leo's Club supported by the Camden Lions and the Students in Action supported by the Jefferson Awards. At the start of this year we decided to merge the two groups because of similar goals and student participants. Leo's in Action organize and participate in public service in the community. The club consists of 30-40 students. The goal of the club is to expand the volunteerism in the school and in the community.

Patrick Henry Leos have been very active this 2011-2012 school year. We have very committed executive board members and Leo members that are always eager to volunteer. This year so far, Leos have volunteered at Second Harvest Heartland, Harvest Fest and at the Camden Lions spaghetti dinner. One of our goals in Leos in Action is to promote our club. We accomplished this by going to Edison High School to start a Students in Action program there. We also have hosted our own fundraisers. In October 2011, Leos held their annual fundraiser of selling beautiful holiday poinsettias. A lot of the poinsettias that were sold were from Henry staff, Leo's families and friends, community members, and the Camden Lions. We made a good amount of money to add to our bank account. On February 25, at Folwell Park, Patrick Henry Leos hosted their annual pancake breakfast. Leos and the executive board planned for this event for two months in advance. We printed fliers to advertise our event. It was a success! Leos had a lot of fun and we always look forward to volunteering events.

In March, the Leos In Action held a school-wide food drive to benefit the Salvation Army food shelf of North Minneapolis and also plans to volunteer for Feed My Starving Children in the next month. Because our club ends in May with the school year, we would like to hold a celebration picnic rewarding and appreciating the students for volunteering their time and effort to their community and school. Even though the Leos in Action club ends, we plan to help out this summer volunteering at the Special Olympics. In the next school year, Leos in Action plans to attract more students in Patrick Henry High School and Edison High School.

Get your GED

By Kathryn Chiqui

Northside Adult Education Center is a hub of adult learning opportunities. As part of the Minneapolis Community Education, the center offers free classes to the community in various skill areas ranging from math, English language and FastTRAC preparation.

The center offers classes from 8 a.m.-1:45 p.m. and from 5-9 p.m. It is currently located at North High, but will be moving in August to the new Minneapolis Education Service Center at 1250 West Broadway to better meet community and students' needs. For class info call 612-688-1863 or visit <http://abe.mpls.k12.mn.us>.

GED Boot Camp is a pilot program that is running through the end of the school year. The goal of the GED Boot Camp is to educate individuals about the GED, connect people to proper resources, and encourage individuals who are ready to test to do so. Individuals who attend a GED Boot Camp session will receive important info about upcoming changes to the GED, a \$20 GED testing voucher and will be registered for the GED test. Call Lee, Anthony or Katy at 612-668-3800 with questions.



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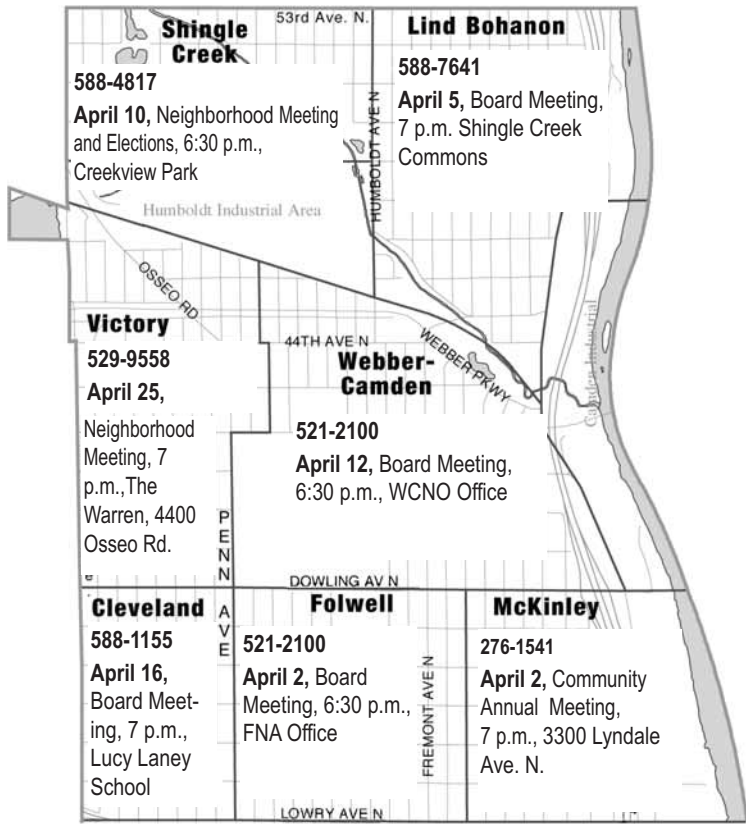
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Su-Th: 11 a.m.-10 p.m.; Fr & Sat: 11 a.m.-11 p.m.
For Free Delivery Call 612-529-4546

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Camden Neighborhoods



WEBBER CAMDEN NEIGHBORHOOD ORGANIZATION

612-521-2100 • 1206 37th Ave. N. • Minneapolis, MN 55412
Email: info@webbercamden.org or the website: www.webbercamden.org
New Webber-Camden residents let us know you're here! M-Th, 9 a.m. - 5 p.m., Linda Koelman, Chair, WCNO

Date Change: WCNO April Board Meeting, Thursday, April 12, 6:30 p.m., WCNO office.

Planning is happening! There are two special events in Webber-Camden's future and you are invited to share in the planning and, of course, volunteering on the day of the event to make sure that it is as much fun as it can be for residents and the North Minneapolis community.

Special Event: Police Week: Northside Street Race 5K and SOC Open House, Saturday, May 19: The 5K kicks off at 4119 Dupont Ave. N. at 8 a.m. concurrent with the "y'all run" for peace officers only. The half-mile Swat Trot begins at 9 a.m. All participants in the Swat Trot (10 and under) receive a blue ribbon. The races are sponsored by WCNO. The SOC Open House begins immediately after the Swat Trot and ends at 1 p.m. This is an event with lots of activities for the entire family. Information or to volunteer, call 612-521-2100. Race registration on line: www.active.com/event_detail.cfm?event_id=2020253.

Special Event: Truck Extravaganza; this is a honking good time involving trucks - big and small - that happens in Webber Park in August. Planning has begun but will be picking up over the next two months to make this one of the most successful family friendly events in North Minneapolis. Bring your good ideas to the plan - call MaryAnn at 612-521-2100 for dates and times of planning gatherings.

Important Changes in the 2012 Yard Waste Season which begins April 9: All bagged yard waste must be in compostable bags or reusable containers. **A four-week grace period will allow a transition for folks who have plastic leaf bags filled from last season.** An educational/instruction tag will be left by collection crews during this four-week transition period. This change only affects yard waste collection. You may continue to use plastic bags for your garbage collection. Call 612-673-2917 or visit www.minneapolis.gov/solid-waste.

AARP Defensive Driving Class: Four Hour Refresher Course: Saturday, April 14, 10 a.m. until 2:30 p.m. Bring a bag lunch. Coffee is provided. Cost: \$12 for AARP Members; \$14 for non-members. Registration: Folwell Park: 612-370-4917 or information: Ruth Brown at 612-529-4912.

2012 Minneapolis Earth Day Cleanup, Saturday, April 21, 9:30 a.m. until noon, Webber Park: Help clean up in and around Webber Park. The supplies are provided along with refreshments. For further information or to volunteer call Mary Ann at 612-521-2100 or 612-370-4916 (Webber Park).

4th Ward Senior Luncheon & Resource Fair: WCNO and FNA host the event on Tuesday, April 24, noon to 2:30 p.m. at Folwell Park, 1615 Dowling Avenue North. Enjoy lunch plus resources and support for 4th Ward seniors and homeowners with disabilities. Free blood pressure checks are available along with height, weight, and BMI (body mass index); plus glaucoma screening. Space is limited. Call 612-521-2100 to make your reservation for this free event.

Free Tax Preparation for seniors or lower income persons: North Regional Library, 1315 Lowry Ave N. Wednesdays, 10:30 a.m.-1:30 p.m. through April 11 and Saturdays 10:30 a.m. -1:30 p.m. through April 14. First come, first served basis.

Shingle Creek Neighborhood Association

P.O.Box 15656, Minneapolis, MN 55415;
Web Site: www.scna-mpls.org
Email: scna@gmail.com; Amy Luesebrink, staff, 763-561-1616

SCNA Meetings are held the second Tuesday of the month at Creekview Park, 5001 Humboldt Ave. N., unless stated otherwise. *All meetings open to the public. *All residents are encouraged to attend. Any requests for special accommodations are welcome. Contact SCNA staff seven days prior to meeting.

SCNA Annual Meeting and Elections April 10, 6:30 p.m. at Creekview Park

The SCNA 17th Annual Shingle Creek Clean-up coming Saturday, April 21! 9:30 a.m.-noon
Mark your calendars for this family fun-filled day! We'll spend a couple hours in the morning picking up trash from the banks of Shingle Creek, eating some food, and this year we'll have the University of MN Raptor Center again swooping in to lend a hand! Our annual Shingle Creek Clean-up is from 9:30-11 a.m. The celebration party with food and refreshments and educational activities is from 11 a.m.-noon. For more information go to www.scna-mpls.org.

SCNA Annual Meeting and Elections April 10 6:30 p.m.
SCNA, is a 501c3 organization whose mission is to educate residents and promote the local area. The work we do as volunteers in the neighborhood is important! We host the Shingle Creek Clean-up, Tour De Camden, and Common Ground Community Garden, and so much more! We currently have openings on the board and are seeking volunteers who can commit two hours a month to work on various events or projects in our community! Check us out at mpls.scna@gmail.com or staff at 763-561-1616.

Shingle Creek Common Ground Garden seeks gardeners!
Applications are now being taken for gardeners interested in gardening at the Shingle Creek Common Ground Garden at 52nd and Newton Aves N! It is a demonstration raingarden and natural wooded garden with 12 raised bed garden plots for flowers or vegetables! Plots are \$15 to help cover the cost of water and supplies. Hurry! With spring upon us they won't last long! Contact Linda Eriksson today at 763-566-6618!

Mark Your Calendars! Tour de Camden—Saturday, July 21 9 a.m.-noon

VICTORY NEIGHBORHOOD ASSOCIATION

2200 44th Avenue North • 612-529-9558
info@victoryneighborhood.org
www.victoryneighborhood.org
All the News from Victory Neighborhood

Free workshop – Gardening for Butterflies and Bees
April 14, 10 a.m.-noon – The Warren 4400 Osseo Road

10:30 a.m. – Presentations
Butterfly Gardens and Monarch Way Stations
Raising Monarchs
Attracting Bees to Your Yard and Garden

Before and after the presentation check out the information tables
Bees and Other Pollinators
Rain Gardens
Ask a Master Gardener
Local Garden Clubs
Make and Take – Butterfly Balls

Coffee, tea, juice, pastries and door prizes!

Victory youth – Want a job serving your neighbors? Join the Youth Corps!
Residents of Victory Neighborhood between the ages of 12 and 17 are invited to join the Victory Youth Corps. The Youth Corp serves the senior and disabled residents of the neighborhood by mowing lawns, raking leaves and shoveling snow. Each youth is matched with a senior or disabled resident for whom they work and are compensated for their services with a stipend from ViNA. This program is designed to help residents maintain and stay in their homes as well as build relationships between the youngest and oldest residents of the neighborhood.
If you are a youth interested in being part of the Youth Corps or a senior or disabled resident who would like help with these outdoor chores contact the Victory Neighborhood at 612-529-9558 or info@victoryneighborhood.org.

The Lind Bohanon Neighborhood Association

Message Line: 612-588-7641 • email: LindBohanonNA@aol.com • www.lindbohanon.org
LBNA Meetings: Free and open to the public. Residents are encouraged to attend.
Meetings held at Shingle Creek Commons Bldg, 4600 Humboldt Ave N. unless otherwise specified
Any requests for special accommodations are welcome. Contact LBNA staff seven days prior to date of meeting.
For more details on any of these items check the LBNA newsletter and website.

Thursday, April 5, LBNA Board Meeting 7 p.m.

Lind Community Garden applications
The Lind Community Garden has 60 garden plots available!
If you've been looking for a place to plant a garden locally and would be interested in using a community garden plot in the Lind-Bohanon area—We want to hear from you! Cost of a 6x12' plot is \$20 and includes the background check that is required since the garden is on school property. For more information about the garden check out our website at www.lindbohanon.org. For an application contact LBNA at 612-588-7641 or lindbohanonna@aol.com or you can get an application from our website.

LBNA's proud to announce a new partner!
In this world of so many mortgage foreclosure situations, it's hard to know who to contact with even a simple question. Lind Bohanon is proud to announce our newest partner, Twin Cities Habitat for Humanity to help provide residents with Mortgage Foreclosure Prevention. They provide education, advocacy, advice and referrals free of charge to families who have fallen behind on mortgage payments. Know that you do have options to prevent foreclosure! Got questions? Contact them at 612-331-4090 ext 3 or check out www.tchabitat.org for more details.

LBNA's Walking Group is gearing up!
Want to walk the neighborhood but don't have anyone to walk with? Want to learn more about how you or your family can get involved in this free way to meet new neighbors and walk for health? Got questions? Contact us at 612-588-7641!

LBNA Home Improvement Loan Program helps
The Lind-Bohanon Neighborhood Association through the Neighborhood Revitalization Program (NRP) funding provides several different loans for residents to take advantage of to help improve their properties. This program offers residents attractive home loans at below market rates! For more information contact Brenda Yartz, Center for Energy and Environment, 612-335-5891.

Folwell Neighborhood – NRP in Action!

New Folwell residents let us know you're here! Call 612-521-2100; email: info@folwell.org; website: folwell.org. Office location: 1206 37th Ave. N., M-Th, 9 a.m.-5 p.m. David Brown-Chair, Folwell Neighborhood Association.

FNA April Board Meeting: Monday, April 2, 6:30 p.m., FNA Office.

2012 Minneapolis Earth Day Cleanup, Saturday, April 21, 9:30 a.m. until noon, Folwell Park: Volunteer! Help clean up Folwell Park. Supplies (bags and gloves) are provided along with refreshments. For details or to volunteer, call Mary Ann at 612-521-2100 or Folwell Park at 612-370-4917.

Attention 4th Ward Seniors: FNA and WCNO host the 4th Ward Senior Luncheon and Resource Fair, Tuesday, April 24, noon to 2:30 p.m. at Folwell Park, 1615 Dowling Avenue North. Enjoy lunch plus resources and support for 4th Ward seniors and homeowners with disabilities. Free blood pressure checks available along with height, weight, and BMI (body mass index); plus glaucoma screening. Space is limited. Call 612-521-2100 to make your reservation for this free event.

Important changes in the 2012 yard waste season which begins April 9: All bagged Yard Waste must be in compostable bags or reusable containers. **A four-week grace period will allow a transition for folks who have plastic leaf bags filled from last season.** An educational/instruction tag will be left by collection crews during this four-week transition period. This change only affects yard waste collection. You may continue to use plastic bags for your garbage collection. Call 612-673-2917 or visit www.minneapolis.gov/solid-waste.

Metro Paint-A-Thon: The application deadline is May 4. Applications are available in the FNA office. You may download the application at paintathon.gmcc.org or call 612-276-1579.

AARP Defensive Driving Class: 4-Hour Refresher Course: Saturday, April 14, 10 a.m. until 2:30 pm. Bring a bag lunch. Coffee provided. Cost: \$12 for AARP Members; \$14 for non-members. Information: Ruth Brown at 612-529-4912; or to register call Folwell Park at 612-370-4917.

Raingarden Workshops: For more information and to register, go to www.metroblooms.org or call 651-698-1390. Space is limited. The workshop at North Regional Library on April 28 is free.

Free Tax Preparation for seniors or lower income persons: North Regional Library, 1315 Lowry Ave N. Wednesdays, 10:30 a.m.-1:30 p.m. through April 11 and Saturdays 10:30 a.m. -1:30 p.m. through April 14. First come, first served basis.

Police Week: Northside Street Race 5K and SOC MPD (Special Operations Center) Open House, Saturday, May 19: 8 a.m. is the kickoff of the 5K at 4119 Dupont Ave. N. concurrent with the "Y'all run" for peace officers only. The half-mile Swat Trot for kids under 10 begins at 9 a.m. All race participants and volunteers receive a free race t-shirt. The SOC Open House begins immediately after the Swat Trot and ends at 1 p.m. There are lots of family friendly activities. Join in, help out or watch – it's all fun! For information or to volunteer: 612-521-2100. Race registration: www.active.com/event_detail.cfm?event_id=2020253.

Small business dreams can begin at the library

What do a food vendor, an architectural consultant and a rap artist have in common? They all started their small businesses with the help of Hennepin County Library's small business resources.

Hennepin County Library's knowledgeable staff welcomes your business questions. Staff can help you navigate resources available in the libraries and online—on small business start-up and management, researching your product and competition, finding marketing info, creating client lists, buying a franchise, writing a business plan and more. For your convenience, databases at www.hclib.org, plus selected websites, are organized into more than 30 subject guides such as Business & Investments, Jobs & Careers, Patents & Trademarks, and Small Business. ReferenceUSA, D & B (Dun & Bradstreet) Million Dollar Directory, and Small Business Resource Center are among the databases that staff and patrons frequently rely on.

Recently, a patron used ReferenceUSA to locate manufacturers of railroad ties in the U.S., said librarian Kim Poole. "We were able to use the NAICS code (a classification system set up by the U.S. government to describe what a business does) for railroad ties and came up with a list of 40+ manufacturers of this product in the U.S., including contact information and a summary of each company."

Another patron wanted to find manufacturers of electronic enclosures. "We couldn't find a NAICS code to describe this product in ReferenceUSA but a keyword search on D & B (Dun and Bradstreet) successfully located some relevant companies for the patron," Poole said.

She also recalled an entrepreneur who wanted to start a home health care business. The patron accessed the Small Business Resource Center database, selected the link to Business Types, and chose "Home Care Services." It provided her with sample business plans, info on available franchises in this field, and articles on the economic outlook for this type of business. "The Small Business Resource Center database helped the patron determine whether she wanted to go into this business and also [offered] some tools to get her started on the process," Poole said.

"Many entrepreneurs don't know where to begin in starting a new business," Poole said. Jobs and Small Business Centers at the Brookdale, Minneapolis Central and North Regional libraries are a good place to start. "Most Jobs and Small Business Centers have free copies of the Minnesota state publication, *A Guide to Starting a Business in Minnesota*, to give away," Poole said. "This is a great introduc-



Vicie Williams (center) and brother Bryce (right) offer a sample of Sister Chris's Fruit-Flavored BBQ Sauce to a customer at a local grocery store. Photo credit Hennepin County Library.

tion with particularly useful sections on Minnesota-specific topics such as business entity filings, sales tax, worker's compensation, and the Patent and Trademark Depository library located at Minneapolis Central Library."

Some Hennepin County libraries regularly offer free, confidential, one-to-one small business consultations with experts from the nonprofits SCORE and LegalCORPS. Recently a patron sought feedback from a SCORE consultant on an advertising flyer that he was creating.

Libraries also offer free business programs, such as Traps and Pitfalls in Intellectual Property, Patent Workshop for Investors, Entrepreneurs and Small Business Owners, and Small Business Start-Up Guidelines. For the schedule go to <http://www.hclib.org/pub/events/> and click on Business & Careers.

"The library was a lifeline for us," says Bryce Williams, half of a dynamic brother-sister duo and successful entrepreneurs of their unique Sister Chris's Fruit-Flavored BBQ Sauce. Vicie Williams, also known as Sister Chris, overcame personal adversity and created their delicious sauces, which are available in five flavors — coconut, mango, kiwi, banana, and pineapple — at 22 local Byerly's and Lunds grocery stores.

To establish their business and with virtually no start-up funds, Bryce used library computers from early morning to closing to research products and learn about buying in bulk, find out about trademarks to protect trade secrets, do cost analysis, email potential business contacts, and do countless other tasks to start their business. "All aspects of the business," he said. With strong faith and a lot of effort, Vicie and Bryce's positive thoughts of achieving their dreams and goals are becoming a reality—they're now in discussion with distributors to sell their barbecue sauce at 17,000 stores in 40 states.

How did library resources help a rap artist get started in the music business? Antoine Jones, a Chicago transplant, used free Internet access and business databases at Minneapolis Central Library to research music/record companies and trademarks, write and email news releases, obtain a UPC code, and learn about other aspects of the music business. His diligence paid off—Jones' CD was released in December 2011 and is in local music stores.

The start of your own successful small business may be as near as your local Hennepin County Library. For info visit www.hclib.org/pub/search/ask.cfm, www.hclib.org/pub/search/Reference.cfm or www.hclib.org/pub/search/JobsSBCinfo.cfm.

Marilyn Bagne teaches Sunday school for 60 years

By Johanna Mills

Marilyn Bagne grew up in North United Methodist Church. Her parents, Ray and Evelyn, were longtime members of the church, living only blocks away. Marilyn's father taught Sunday school before her — back in the day when they had separate classes for boys and girls! For reasons she can't figure out, perhaps they didn't have a confirmation class when she was of that age, Marilyn was never officially confirmed. It wasn't until Reverend William Peterson asked her to join the church, when she was out of high school and already teaching Sunday school herself, that she did join.

She started at age 15 as an assistant to Sunday school teachers, Marvis Shomshak and Marion Freeman. Lillian Hanson was a Sunday school teacher from whom Marilyn really learned a lot. Hanson was a teacher in a public school and had a deep background in teaching and relating to the children. Marilyn remembers specifically learning from her how to address an issue concerning calling God "the Father." Marilyn then teamed with Norma (Storz) Kinghorn. When Norma married and changed churches, Marilyn had her own class. Classes were larger then and she had a helper, Ruth Broude, as well as a piano player — Othelia Donaldson, who was Margaret Porath's mother. She started with only kindergarteners. Then when asked, she added 4-year-olds. More recently 3-year-olds and first graders have been included. Marilyn admits she doesn't have the heart of a disciplinarian, and always likes to defer to her assistants if that is ever necessary. She was especially glad to have helpers with her as the age range of her class rosters widened. The list of helpers includes, but is not limited to: Laurie Edberg, Carrie McLain, Mary Sorenson, Tricia Carlberg, Melissa Merab and Colleen Bethel.

Marilyn cannot remember all the Christmas programs, special presentations and rehearsals her kids have carried out over the years, but she has taken pride in even the smallest contribution of the youngest member. Being rather shy and reserved herself, she is quite comfortable directing her assistant teacher, on such occasions, to manage the action up front.

Of course, during the summer months, Marilyn regularly volunteered to take the nursery for Bible school teachers who had children too young for classes.

Marilyn was a volunteer outside of North Church, too. While she was still working at her job for the Federal Reserve Bank, she helped at North Memorial Hospital, first in the pediatric ward for around 10 years. She then stayed on in the auxiliary for regular projects and also staffed the referral line. She and her dear friend, Henrietta Meleen, also volunteered at the Animal Humane Society for five years.

The United Methodist Women (UMW) group has been very happy that Marilyn shares her time and talents. She took over the Sunshine list when Nancy Harrington's mother stepped down — a position she truly loves. Marilyn stood as UMW vice-president for many years, declining the nomination for president time and time again. After lots of encouragement, she finally accepted it — for one term only. Now the folks at the Crossings have put her to work helping with the Chat and Chowder program in the building where she lives. Her comfort zone keeps expanding!

Marilyn Bagne was humble when asked if we could recognize her for the 60 years she has given our families and children. She vowed the things she does are labors of love — somewhat selfish is the way she puts it. She loves the children and animals and it's always been her choice to do the work at church and in her community. The UMW has an annual Mission Award. The first recipient was Lois Demuth. The second was Marilyn, who of course, was taken by surprise. No one else was surprised.

North Church families cannot possibly assess the value of this beloved member of our congregation. We just know she is a blessing.



We Need You! Run for the McKinley Community Board of Directors

We really do! If you live, work or own a business in the McKinley neighborhood you are eligible to be on the neighborhood Board of Directors. **No experience is necessary**, but passion for improving the neighborhood, long-term vision and a willingness to collaborate with the whole community is essential.

Residents will vote for **five** open seats on the Board of Directors at the April 2 Community Meeting, 7 p.m. at our neighborhood office, 3300 Lyndale Avenue North.

Call 612-588-7550 or email mckinleycommunity@yahoo.com if you would like an application or have questions about being a board member. Please have application into the neighborhood office by 4 p.m. on Friday, March 30.

Know a senior who needs help with raking, shoveling or other chores?

Chore Program: Low-cost home maintenance services such as routine housecleaning, seasonal jobs, lawn care, **snow removal** and minor repairs aimed at helping seniors living in their homes (individuals 60 and over). Call 612-374-3322.

McKinley Community Office
3300 Lyndale Ave. N.
Phone: 612-588-7550

Email: mckinleycommunity@yahoo.com
Website: www.mckinleycommunity.com

Want to buy a house to live in? The McKinley Home Ownership Forgivable Loan Program is available. Call Chris at 612-588-7550 for more details. Other restrictions apply, so call today.

Does your home need work? Check out a McKinley Home Improvement Loan

The McKinley Community has a great home improvement loan that is managed by Center for Energy and the Environment and carries an interest rate of only 3%! The application process is easy and loan amounts can be between \$2000 and \$15,000. **Call 612-588-7550.**

McKinley Calendar of Events

McKinley Community Annual Meeting
Monday, April 2, 7 p.m.,
3300 Lyndale Ave. No. ****New location****
McKinley Board of Directors Meeting
Monday, April 16, 6:30 p.m.,
3300 Lyndale Avenue North
Crime/Safety Meeting Monday, April 23,
6:30 p.m., 3300 Lyndale Avenue North
McKinley Community Annual Meeting
Monday, May 7, 7 p.m.,
3300 Lyndale Avenue North



CNA Cleveland Neighborhood Association

P.O. Box 11635 • Minneapolis, MN 55411

CNA Office is located at Lucy Craft Laney at Cleveland Park School

Phone: 612-588-1155 Fax: 612-588-1151

cna@clevelandneighborhood.org • website: <http://www.clevelandneighborhood.org>

CNA welcomes new Community Coordinator

The Cleveland Neighborhood Association has hired and welcomes their new Community Coordinator, Aria Fine. Aria is a long time Northside resident who began his tenure with CNA on March 22 and was introduced at the community meeting on March 27. He will be working full time in the CNA office performing administrative duties as well out in the neighborhood reaching out to and engaging residents. Look for Aria at all of our upcoming meetings and events. The CNA Board looks forward to working with Aria for the improvement of the neighborhood.

Opportunities for Cleveland residents

Spring time presents many opportunities to participate in numerous events, activities and programs being offered by the Cleveland Neighborhood Association. If you did not have the opportunity to sign up at the March 27 community meeting you can contact the office for

more information or to sign up for:

- The June 2 Flea Market and/or Garage Sale
- Spring Cleaning Day and Adopt a Block on May 19
- Landscaping grants
- Lucy Craft Laney School Yard Garden Volunteer
- The July 15 Garden Tour
- Block Club Leader

Community Meeting – May 22

Mark your calendar for the next Cleveland Community meeting on Tuesday, May 22 at Lucy Craft Laney School. The purpose of the meeting will be to gather input from neighborhood residents in order to identify one or two priorities for the neighborhood to concentrate on for the remainder of 2012 and into 2013. CNA will present a proposal for a Neighborhood Priority Plan to the City's Neighborhood and Community Relations department in June. Watch for the spring Cleveland Connections newsletter with more information.

Community Calendar

The *Camden Community News* accepts free calendar items with priority placement going to free events for families in the Camden Community. Keep your items short — send the event basics (who, what, when, where, why, etc.), highlight and contact info to editor@camdenews.org. Send your item in the style listed below: day, date, event, location, etc. We never guarantee your calendar item will be printed — if you want to guarantee your event gets in the *Camden News* you may place an inexpensive paid ad to support the non-profit *Camden News* — see info on pages 2 and 11. And businesses can help the *Camden News* promote local events by sponsoring the Community Calendar, and get your business name out there — it's only \$50 per month. Call 521-3060.

Arts

Ongoing Mondays - The Northside Arts Collective board of directors meets on the first Monday of each month, at 6:30 p.m. Email info@nacarts.org for location.

Ongoing Mondays - Artist Roundtable meets monthly on the third Monday of each month at 6:30 p.m. Email info@nacarts.org or visit www.nacarts.org for location.

Ongoing Thursdays - Northside Writers Group Meeting, 7-9 p.m. New members always welcome. Any skill level acceptable. We are interested in your enthusiasm, in your story, in your willingness to write. Homewood Studios, 2400 Plymouth. Info: Debra Stone at stone.debra@comcast.net or George Roberts at george@homewoodstudios.com.

Ongoing - Camden Music School spring term, April 9-June 16; instrumental and vocal lessons, Musikgarten early childhood classes, music theory classes, ensembles and two new classes: Singing with Prudence (Prudence Johnson, renowned Twin Cities performing artist), ages 16+, 7 p.m. Tuesdays, CMS/NE; and Youth Choir with new CMS instructor, Delores Matthews, ages 9-15, 5 p.m. Wednesdays, CMS/Camden. Family discounts/scholarships available. Scholarship deadline midnight April 3; www.camdenmusicschool.com or 612-618-0219. Luther Memorial Lutheran Church, 3751 Sheridan Ave. N., or Grace Center for Community Life, 1500 6th St. NE. 612-618-0219 or camdenmusicschool.com.

Friday, 4/20 - Buy tickets now for the **Brill Building Sing-Along**, a FUNdraiser for scholarships at Camden Music School. Tickets going fast! Experience an evening with musical thrills and chills: The Brill Building Sing-Along, 7 p.m., the Capri Theater, 2027 West Broadway. Host Dan Chouinard and song leaders Prudence Johnson, Cynthia Johnson, T. Mychael Rambo, Gary Rue and Katy Hays lead the audience in songs by Brill Building artists Carole King, Bacharach and David, Neil Diamond, Leiber and Stoller, Boyce and Hart, and more. Tickets: camdenmusicschool.com or 612-529-2317. \$25 in advance, \$30 at the door. Special discounts for groups of 4, 6, 8 and 10. Proceeds go to the Camden Music School Scholarship Fund, a sponsored project of Our Neighborhood Works (www.ourneighborhoodworks.org). Info: 612-618-0219, www.camdenmusic-school.com or info@camdenmusicschool.com.

Church Events

Ongoing - Clothes Closet at North United Methodist Church, 44th and Fremont, from 9 a.m.-noon the first three Saturdays of each month and the first Monday each month from 6-8 p.m. with free bag lunch from Mobile

Loaves and Fishes. One Saturday per month dental checks, blood pressure readings, vision screening and medication checks available. Donations accepted when open or see if there is some clothing you may need. If unable to get to NUMC during open times, call the church at 612-522-4497.

Ongoing third Sundays - Breakfast and a Bag. The Joint Ministries of Evangelist Temple, Brooklyn Center Hispanic Seventh Day Adventist and Gethsemane Lutheran host a free community breakfast from 8-10 a.m. at Gethsemane Lutheran Church on 47th and Colfax. When you are finished with breakfast and coffee you are welcome to take a bag of groceries home with you.

Friday, 3/30. The Seven Last Words: A Prayerful Evening of Sacred Music, Sacred Art and Sacred Word. Join us for an unforgettable Lenten evening of prayerful reflection on the message Jesus offered from the cross. St. Bridget Church, 3811 Emerson Ave. N, 5:30; soup supper, 7 p.m. Free.

Saturday, 4/21 - Saint Paul Vocal Forum Praise with Pipes. Blending voices with majestic organ pipes, the Saint Paul Vocal Forum's performances pays homage to the lush harmonies and sustained tones of master composers JS Bach, Johannes Brahms, Antonin Dvorak, Benjamin Britten and Ian Hare. 7:30 p.m., Parkway United Church of Christ, 3120 Washburn N. www.parkwayuccminneapolis.org. Free; contributions to SPVF accepted. Donations of non-perishable food items for local food shelves accepted. www.spvf.org or 612-618-0219.

Saturday, 4/28 - Gethsemane Lutheran Church Women's Spring Salad Luncheon, 47th and Colfax, noon. All members, neighbors and friends invited for all kinds of delicious salads. Enjoy the floral designs by Kay and her unique arrangements for any occasion. Tickets: adults \$10, \$5 for 10 years and under. Info: glcmpls.org or 612-521-3575.

Classes and Workshops

Third Tuesdays - Seniors with diabetes support group, 10-11:30 a.m., Webber Park Community Center, 4141 Webber Pkwy. Call Dot Hase, 521-1182, or American Diabetes Assn., 593-5333. Free.

Ongoing Wednesdays - TOPS (Take Off Pounds Sensibly) 7 p.m., Webber Park.

Ongoing Mondays - Have you turned down a chance to go out with family or friends because you were concerned about falling? **A Matter of Balance: Managing Concerns About Falls** is for you. Fear of falling is just as dangerous as falling itself. People limit their activities, which can result in severe physical weakness, making the risk of falling even greater. Older adults also experience increased isolation and depression when they

limit their interactions with family and friends. Class is designed to reduce the fear of falling, increase activity levels, and improve the quality of life. Learn to set realistic goals to increase activity, change environment to reduce fall risk factors, and learn simple exercises to increase strength and balance. East Side Neighborhood Services, 1700 2nd St. NE, Mar. 5-Apr. 23, 10 a.m.-noon. Cost \$15; workbook and refreshments provided. Info/register: Laura at 612-781-6011.

Ongoing Saturdays - Homewood Tai Chi, 8:30-10:30 a.m. Questions: Beverly Roberts at 612-588-3723 or beverly@homewoodstudios.com.

Ongoing - Minneapolis Community Education is continuing to expand Northside programs. Classes at North High School, 1515 James Ave. N. Spring classes begin April 16: Hip Hop Dance; Shoulder Massage for Couples; Salsa Dancing; Photography: Digital SLR 1 with Projects; Write it—Story, Blog or Journal; Yoga: Slow Flow Vinyasa; The American Western—From an African American Perspective.

Ongoing Open Computer Lab. Walk-in computer access for the community. Surf the web, check your email or get assistance creating documents. Call 612-668-1730 for details. Tuesdays, 6-8 p.m. Free. Info: 612-668-1922 or www.mplscommunityed.com. Would you like to teach a class on the Northside? Are there classes you'd like to see offered? Contact Kevin at 612-668-1922 or kevin.czmowski@mpls.k12.mn.us.

Saturday, 4/14 - AARP Defensive Driving Class: 4-Hour Refresher Course, 10 a.m.-2:30 p.m. Bring a bag lunch. Coffee provided. \$12 for AARP Members; \$14 for non-members. Info: Ruth Brown at 612-529-4912; or to register call Folwell Park at 612-370-4917.

Saturday, 4/28 - Raingarden Workshops. North Regional Library: 651-698-1390 or www.metroblooms.org. Space limited. Free.

Community Events

Ongoing - Hennepin County Public Health low-cost immunizations for people who don't have health insurance or their insurance does not cover immunizations. Walk-in clinics; no appointments needed. Clinics at Brookdale Service Center, 6125 Shingle Creek Road, April 24, 9-11 a.m.; Hennepin Health Services Building, 525 Portland Ave. S., April 6, 8:30-11 a.m. Info: 612-348-2884 or www.hennepin.us/vaccines. Donations requested but not required.

Ongoing - Free Tax Preparation for seniors or lower income persons: North Regional Library, 1315 Lowry Ave N. Wednesdays, 10:30 a.m.-1:30 p.m. through April 11 and Saturdays 10:30 a.m.-1:30 p.m. through April 14. First come, first served.

Ongoing - Do you qualify for free health insurance? The Medical Assistance program has expanded to include adults without children. If you are between ages 21-64, have no kids at home and earn a monthly gross income equal to or less than \$681 for a single or \$920 for a married couple, you might be eligible. Medical Assistance offers coverage for most basic care including doctor visits, prescriptions and hospital stays. Stop by Webber Park Library, 4310 Webber Pkwy., on April 12, May 10 or June 14, 12:30-3:30 p.m. to apply. Contact Jenny Case, 612-873-2767.

Ongoing Wednesdays - Want to build your summer paddling, mountain biking and trail running skills? Join the **City of Lakes Tri-Club!** Using Minneapolis' chain of lakes and one-of-a-kind trail network in Theodore Wirth Park; learn from expert instructors the many ways to have fun during a Minneapolis summer. Stay active and expand your recreational horizons. Club meets 5/23-6/20, 6 p.m.-8 p.m. 612-604-5334.

Ongoing Saturdays - Camden Garden Club spring schedule: 9:30-11 a.m., March 31 clean up at Dowling and I94, bring bags and gloves; refreshments after. April 14 cut grapevines at Sculpture Garden, 41st and Lyndale; bring chain saws, loppers, pruners; refreshments after. April 28 trim back dead plant materials at Sculpture Garden, bring gloves, loppers, pruners, bags; refreshments after. May 12 rototill at Sculpture Garden, apply Roundup and Preen; refreshments after. May 26 weed and woodchip at Triangle Garden, 42nd and Humboldt; refreshments after. Want to volunteer on an evening instead? Call Lisa at 612-588-0483 or Nancy at 612-522-

Saturday, 3/31 - St. Olaf Retirement Communities Auxiliary Bazaar. Crafts, bars, books, Grandma's Attic and lunch, 10 a.m.-1 p.m. Lunch served 11 a.m.-12:30 p.m. In St. Olaf Residence Building, 2912 Fremont - parking lot entrance on Emerson Ave. Funds raised by the St. Olaf Retirement Communities Auxiliary are used to purchase equipment used by the residents.

Thursday, 4/12 - North Minneapolis Meals on Wheels Annual Meeting. Shiloh Temple 1201 W Broadway. 12:30-2:30 p.m. RSVP 612-522-7335 or nm-mowcsc@hotmail.com. Find out what we did in 2011 and what we look forward to in 2012.

Saturday, 4/21 - Veterans of the Iraq War honored at 11 a.m. at the **Twin Cities Heroes Parade** on Nicollet Mall in appreciation for their service and sacrifice. The Welcome Home Foundation's event honoring post-9/11 Iraq veterans. Parade starts on 5th St., finishes on 11th. Twin Cities businesses and restaurants feature specials for veterans as part of Heroes Weekend. Info: www.tc-heroesparade.org or tcheroesparade@gmail.com.

Libraries

Webber Park Library programs, 4310 Webber Pkwy., 612-543-6750, hclib.org.

Friends Meeting. Mondays, April 2 and May 7, 6:30 p.m. at Webber Community Center, 4400 Dupont Ave. N. Join fellow library enthusiasts to hear what's happening. Help support your local library by planning and volunteering at book sales, programs and special events.

Job Search Assistance. Thurs., April 12 and May 10, 1 p.m. Are you seeking new employment or re-entering the workforce? Do you need help looking for a job, filling out applications or writing your résumé? Stop in for free one-to-one assistance with a job search representative.

Online Kids Book Club Online. Monday, April 2-6. Registration required; began March 5. Grades 4-6. Join other kids to talk about a great book! Participate in the book discussion through www.kidlinks.org, M-F, any time of day. Must have email address and Internet access.

Ongoing programs at North Regional Library, 1315 Lowry Ave. N., 612-543-8450, hclib.org

Discovery Days - Tuesdays, April 3-May 29, 3-5 p.m. Pre-school-grade 5. Check out the Discovery Room where you'll have minds-on, hands-on fun, with new themed activities each week.

International Teen Club. Tuesdays, April 3-May 29, 5-7 p.m. Grades 6-12. Explore your personality, improve leadership skills and increase community involvement. Learn something new and build friendships. "Hmonglish" is spoken during meetings!

Toddler Storytime. Wednesdays, April 4 and 11, May 23 and 30; 10 or 10:30 a.m. Ages 2 and 3. Interact with your toddler to nurture a love of books. Learn letters, sounds, and new words. Be active with music and movement.

Discovery Days. Ongoing. Pre-school-grade 5. Check out the Discovery Room where you'll have minds-on, hands-on fun, with new themed activities each week.

Game On! Gaming Thursdays. Thursdays, April 5-May 31, 5-7 p.m. Grades 6-12. Play PS2 or Wii games at the library! Grab a friend, bring your favorite board or card game, or play ours!

Preschool Storytime. Fridays, April 6 and 13, May 25; 10 a.m. Ages 4 to 6. Help your preschooler get ready to read. Enjoy stories together and build language skills.

Chess Club. Saturdays, April 7-May 26, noon-2 p.m. Grades 6-12. Chess it out! Have fun learning the basics of chess, improving your game, mastering strategies and meeting other chess fans. Walk-ins welcome.

Calendar continued on page 11

Calendar *continued from page 10*

World of Work Orientation for Ex-Offenders. Tuesdays, April 10 and 24, May 8 and 22; 4-6 p.m. Drop-in service for men and women with a criminal background who need assistance with job applications, résumés, interview skills and support in overcoming that barrier to land their dream job.

Baby Storytime. Wednesdays, April 18-May 16, 10:30 a.m. For children from birth to 24 months. Delight and stimulate your baby's senses with books and music. Build brain power.

Small Business Consultation With Northside Economic Opportunity Network. Wednesdays, April 18 and May 16, 4-6 p.m. How do you turn your business ideas into business realities? Do you have questions about running your business? Stop in for a free consultation with Northside Residents Redevelopment Council and learn about resources, loans and training to help you be an effective business owner.

Paws to Read. Sunday, April 22, 1 p.m. Preschool-grade 5. Certified volunteers help put young readers at ease so they can cuddle up with a dog or other animal and practice reading aloud. Call ahead to find out what types of animals will be visiting.

Parks

Saturday, 3/31 – Heron Egg Hunt. Noon-3 p.m., Kroening Interpretive Center, North Mississippi Regional Park. Celebrate the emotional return of the herons after last year's devastating storms. Celebrate with a special spring egg hunt for blue eggs that look like heron's eggs. Everyone gets a prize! Hunts begin at 1:30 and 2:15 p.m.; divided into age groups. Visit bunnies, chicks and goats. Walk on stilts and learn about herons as we celebrate spring! Cost \$5; open to all ages. www.threeriversparks.org/events/H/heron-egg-hunt.aspx.

Sunday, 4/8 - Free Family Fun Day: Bird Eggs. 1-3 p.m., Kroening Interpretive Center, North Mississippi Regional Park. See samples of bird eggs close up.

Learn why eggs are different shapes and colors. Try to find hidden eggs. Free; all ages.

Sunday, 4/1 Free Family Fun Day. April Fool's Camouflage Challenge Sunday, 1-3 p.m., Kroening Interpretive Center, North Mississippi Regional Park. Mother Nature tricks us every day! Discover the secrets of camouflage and try your skills on our comedy camouflage trail! Drop in anytime. Free; all ages.

Saturday, 4/7 - Voyageurs, Lumbermen and River Pigs. 1-3 p.m., Kroening Interpretive Center, North Mississippi Regional Park. Use a crosscut saw, balance on a log, and play voyageur games as you learn about the major influence that the fur and lumber trades had on the history of Minnesota. Feel furs, try on a beaver hat, and make a string of trade beads and a lumber stamp to take home. \$5; reservations required. Call 763-559-6700. Ages 7+.

Thursday, 4/12 - My Baby, Me and the Mississippi: April Edibles, 10-11 a.m., Kroening Interpretive Center, North Mississippi Regional Park. Let your wild edible and gardening knowledge blossom! Discover what wild edibles grow in the park and around your home, how were they prepared and what could be used medicinally. Let your little one explore different types of soil. Look at seeds, make a pot, and plant a seed to take home together. \$5; call 763-559-6700.

Saturday, 4/14 - Games in the Mississippi River Arena. 1-3 p.m., Kroening Interpretive Center, North Mississippi Regional Park. Hone your knot-tying skills and learn to throw a "spear" better than any other competitor. Explore the floodplain forest as you forage for wild edibles along the river and embark on a challenge to find them before time runs out. Practice the art of painting and make a camouflage mask to take home with you. Inspired by the novel series *Hunger Games*. Cost \$5, reservations required, call 763-559-6700. This program is for ages 10+.

Saturday, 4/21 - Earth Day Cleanup, 9:30 a.m.-noon, Folwell Park: Volunteer! Help clean up Folwell Park. Supplies (bags and gloves) provided along with refreshments. Info Mary Ann at 612-521-2100 or Folwell Park 612-370-4917.

Saturday, 4/21 - Earth Day Cleanup, 9:30 a.m.-noon, Webber Park: Help clean up in and around Webber Park. Supplies, refreshments provided. Info: 612-521-2100 or 612-370-4916.

Saturday, 4/21 - SCNA 17th Annual Shingle Creek Clean, 9:30 a.m.-noon. A family fun-filled day! Spend a couple hours in the morning cleaning up Shingle Creek, then eat some food; University of MN Raptor Center is swooping again in to lend a hand! Clean-up is from 9:30-11 a.m. Celebration party with food, refreshments and educational activities 11 a.m.-noon. scnamp.org.

Resources

Ongoing: Drugs and drug addiction are problems our community struggles with. Get help at **Narcotics Anonymous.** No fees or dues. Meet Thursday, 5 p.m. or Sundays at 7 p.m. at Salem Lutheran Church. Info at naminnesota.org/ or call 952-939-3939.

May

Saturday, 5/19 - Police Week: Northside Street Race 5K and SOC MPD (Special Operations Center) Open House: 8 a.m. is the kickoff of the 5K at 4119 Dupont Ave. N. concurrent with the "Y'all run" for peace officers only. The half-mile Swat Trot for kids under 10 begins at 9 a.m. All participants/volunteers get a free race t-shirt. SOC Open House begins immediately after the Swat Trot and ends at 1 p.m. Lots of family friendly activities. Join in, help out or watch – it's all fun. Info: 612-521-2100. www.active.com/event_detail.cfm?event_id=2020253.

Classified Advertisements

Camden News classified ads are an effective and inexpensive way to reach residents. Your ad is placed on our website at no extra charge. To place an ad, contact ads@camdenews.org, or leave a message at our voice mailbox at 521-3060. Classified ads are 70 cents per word, \$7 minimum. If you want to box your ad, it's an additional \$10. Ads must be paid prior to publication. Send check to Camden News, P.O. Box 11492, Mpls. 55411 or pay with credit card via PayPal at www.camdenews.org.

Services

Carpet and upholstery cleaning. Two rooms starting at \$59. Owner/operator, 45 years experience. Dave, 612-721-5105 or cell 612-636-3073.

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Does your small dog need to walk M-F? Call 612-521-1843.

Carpet Cleaning, \$20 a room. Any Size or Condition! 763-688-5707.

Loring School Pancake Breakfast



Ten-year-old Jackson serves up breakfast links to Kendyl, age 6, at the Loring Pancake Breakfast on March 24. Photo by Randy Klauk.

Worship in Camden

Gethsemane Lutheran Church

4656 Colfax Ave. N.
612-521-3575

Adult Education 9 a.m. with Nursery
Sunday Worship 10 a.m.
Sunday School and Youth/Teens, 11 a.m.
Van service available
Pastor Jeff Nehrbass
ELCA
GethsemaneLutheranChurch@msn.com
www.glc-mpls.org

Christ English Lutheran Church

Oliver and Lowry
521-3493

Pre-school SS 9:30 a.m.
Worship 9:30 a.m.
Communion 1st & 3rd Sundays
All are welcome!

Free produce for neighborhood residents 2nd & 4th Wednesdays 8:30 a.m.

Free Community Dinner
4th Monday, 6:30 p.m.

Pastor Melissa Pohlman

Salem Evangelical Lutheran Church

4150 Dupont Ave. N.
Minneapolis, MN 55412
612-521-3644

Schedule

8:30 a.m. Sunday School Breakfast
9 a.m. Sunday School & Adult Forum
Intergenerational Event 2nd Sunday
10:30 Worship
Communion 1st & 3rd Sundays
We are handicap accessible.
Pastor Robyn Provis
email: office@salem-elca.org;
Facebook: Salem Lutheran Church/
North Minneapolis
Website: salem-elca.org

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Worship 10:30 a.m.

Kerry L. Bender
Senior Pastor
AWANA, 6:45 p.m.

Luther Memorial Lutheran

3751 Sheridan Ave. N.
(corner of Sheridan and Dowling)
Phone: 522-3639

Choir Rehearsal 9 a.m.
Service of Communion 9:30 a.m.

Fellowship Hour/
Education 11:15 a.m.
Growing Tree for Elementary Age
Children Saturdays,
1:30-4 p.m.
"From many cultures, together in one faith."
All are welcome
Carol Stumme, Senior Pastor
Bee Vang, Asst. Pastor

St. Olaf Lutheran Church

Emerson at 29th Ave. N.
612-529-7726

Sunday School/Adult Bible Class 9 a.m.
Worship 11 a.m.
Thursday Youth Group 6:30 p.m.

Pastor Dale Hulme
www.stolafutheran.org

We welcome all, including gay and lesbian people.

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Community History

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Behind the Victory Flagpole – A look back at life's work

By guest writer Jodie Walters

First of all, I want to encourage all of you to talk to your parents and grandparents about the past and your family history. Ask them questions to get the ball rolling and see where it goes. Some talk about things they never wanted to talk about before. Some remember the distant past better than recent events. The following stories were told to me by my dad, David Barland, who passed away 10-30-11; the last of his generation of "Barland boys." They are about his own father, Earl Barland, who lived and worked in Camden.

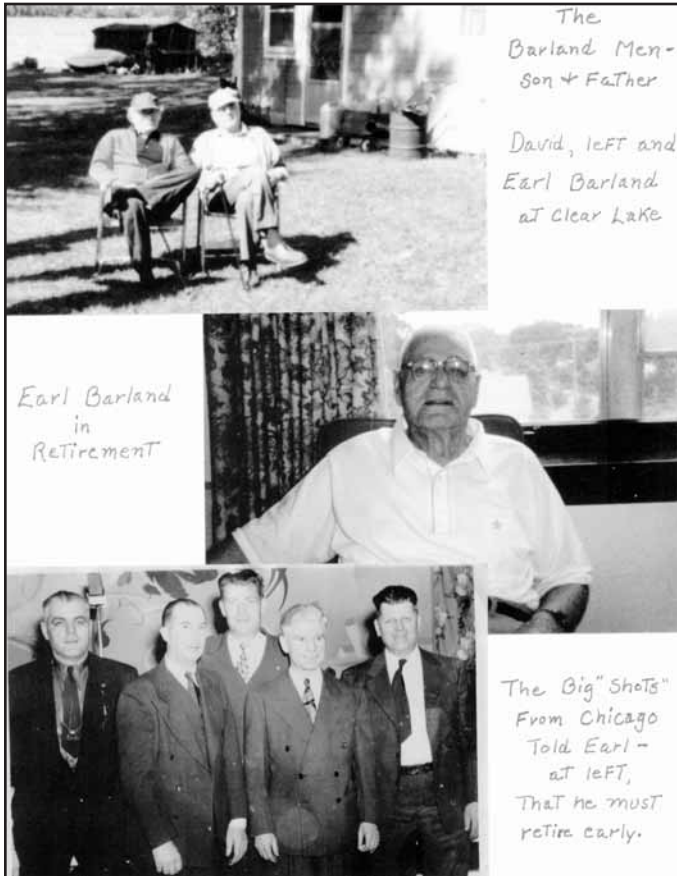
Earl started his work life driving a big truck hauling coal, but he was always getting laid off. He'd heard that Airco Acetylene Gas, at 48th and Lyndale, was looking for help. He got a job there when he was 18 or 19, became superintendent, and worked there until he retired.

They mixed carbide and water at the plant to make acetylene gas; it was purified, pressurized and put in tanks to be used for welding, construction and making steel. A couple of times the plant blew up. In one of the explosions an employee's glasses were blown clean off his face, amazingly they were later found across the river. Another time a worker was looking down a tunnel trying to loosen a stuck steel pole, when a spark caused an explosion that blew his eye out the back of his head, incredibly he lived. Earl also knew a guy who worked at the nearby cement plant; he caught his arm in machinery and it was cut off, he also survived. Needless to say, it was a dangerous work environment!

In those days discharge would run green down the river. There was always a problem storing and getting rid of sludge (used carbide). There were huge pits like swimming pools full of it. It was high in lime and people used to come with five-gallon cans to collect it and use for whitewashing their basements. They would mix it with water and put a little bluing in it, the practice was very common. But a couple of people got burns and then the company said they couldn't give it away anymore. The Sewage Dept. also used it; they found if they put sludge in the sewage, because it was high in lime, the sewage would settle, and the water off the top could be put into the river. The company also used to get big tankers from Indian Head (now Holiday) which they would fill with a giant pump fitted with a fire hose. Then a great big tanker truck would come, bring another empty tanker and take the full one away. When the freeway (I-94) came through there were several sludge pits left. The Highway Dept. mixed the sludge with class-5 gravel and used it as base and footings.

Drug enforcement people would also periodically come to the plant. They'd go behind the plant and all around down by the river and they'd pullout wild hemp (marijuana) and burn it.

Earl always had to keep the pressure up in the boiler at work to heat the building. He'd have to run over there before he went to bed to keep it going at night. The telephone was in the boiler room, it was the only place they could have one because of the



danger of sparks. He rigged up a contraption with one end of a rope attached to the telephone and the other end attached to the high-pressure steam valve. If there was a problem the rope would lift the receiver off the cradle. He could call and check: If there was a busy signal then he'd know something was wrong with the boiler; if the phone rang and rang he'd know the boiler was OK.

The workers there barely made a living until the Teamsters came in; they had an election and the union was voted in. The workers joined the 544 Teamsters and Earl became steward and handled grievances. The union brought in better labor rights: seniority, better wages, better vacations and time off. But then times started to change at the plant, it was an old building and I-94 was coming. Big shots came from Chicago and said they wanted to retire him early (he was glad).

After retirement he continued living in Camden, also spending time at his cabin on Clear Lake in Aitkin. He lived to age 85; my dad lived to age 84; and they both live on in their descendants, who cherish the memories.

Note: This is the second time Jodie Walters has been a guest writer for this column. She previously wrote "The Barland Boys Grew Up Working" for the March 2010 Camden News.

Barbara Meyer Bistodeau

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RESOURCE recruits older jobseekers for job training initiative

In January, AARP Minnesota awarded non-profit RESOURCE a \$100,000 grant from the AARP Foundation to help older workers obtain job skills training. The Older Worker Financial Security Project will serve job seekers over age 50, with a special emphasis on African-American women. Applicants and volunteers for the program are now being recruited.

"Over the past few years, we have been seeing an increasing number of vulnerable, older individuals needing job services and having no luck," says EAC Division Director Lonna Szczesny. "This AARP grant fills a serious gap."

The program will focus on placing jobseekers with employers in high-growth industries such as healthcare, communications, and finance/insurance. "We have also developed a strong group of business volunteers who will work closely with participants to prepare them for employment, retention and advancement in the workplace," says Szczesny. "They will present information in workshops, conduct mock interviews, review resumes, and advocate for participants who apply for jobs at their place of business."

Volunteer mentors from local businesses that are committed to hiring and retaining older workers will provide e-mentoring, as well as group events and will share information about their occupations, their employers, and networking tips. The project will place a particular emphasis on recruiting mentors of color. Info: Lonna Szczesny, 612-752-8446, lszczesny@resource-mn.org.

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