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Students step up for school buses

By Jay Clark

At the May 18 Henry High May Show, Henry students collected over 530 signed postcards addressed to school board members Kim Ellison and Alberto Monserrate. The postcards asked that the Go-To mass transit bus card be optional for the 2012-2013 school year, with school bus rides available.

Henry Hmong students have been busy collecting and mailing postcards since the day in late April when the news broke that the school buses would be a thing of the past. Henry High students were informed that in the fall school bus rides would be eliminated at Henry, and eligible students could instead receive Go-To cards, enabling them to ride city buses for free.



When school personnel arrived at the Henry Asian Club to extol the benefits of the Go-To card, Asian Club members peppered the school staff with questions for nearly an hour. After the school officials left, Asian club members said that they and their families did not know about the card and were never asked their opinions or ideas on the city bus plan.

There are several advantages to the Go-To city bus card, and especially for students who already use mass transit regularly, the Go-To card can be a desirable option. However, many Henry families are resistant, and at the top of the list are Henry's Hmong families. The Hmong make up 47 percent of Henry's student population.

Many Hmong families do not use public transportation. 20 Hmong students were recently asked if they had ever used mass transit: only two hands went up. The others said that the top reasons they do not use mass transit are concern about safety and fear of getting lost. Most Asian Club members said they had used mass transit at some time in their lives, but very few used it regularly. Safety again was a top reason.

Safety concerns were raised by many Henry Hmong families as news spread that the school buses would be gone and city buses would be their only option. Some Hmong families, when told they would be forced to use mass transit for their children's ride to school, said they were considering transferring

their children to another school. Many parents of 8th graders said they wanted to send their children to a high school that uses school buses.

A previous exodus of Hmong students from Minneapolis Public Schools offers a sobering lesson. In 2005 the last Hmong refugee camp in Thailand closed, and a thousand Hmong Thai refugees came to North Minneapolis: Well over 100 Hmong Thai were enrolled in North High.

However, many of these students were told they were ineligible for school bus rides. Hmong Academy charter school went house-to-house offering school bus rides to Hmong Thai students who switched to Hmong Academy. Within a

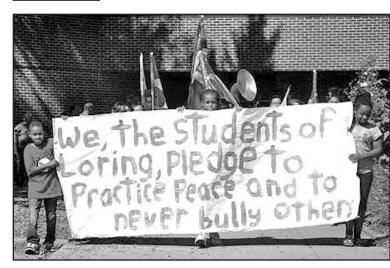
few weeks scores of Hmong Thai students transferred from North to Hmong Academy. Ultimately, over 80 percent of the Hmong Thai high school students left the Minneapolis school system. Today more Minneapolis Hmong Thai students attend Hopkins High than either Henry or North.

Many Hmong student leaders are concerned that the abrupt elimination of school buses and the mandatory switch to city buses could also lead to a drop in Hmong enrollment at Henry High. If Henry Hmong American families are suddenly cut off from school bus rides, and Hmong charter schools go house-to-house offering school bus rides to these high

Students continued on page 11

Loring School students invite community to celebrate peace and school year

By Buzzy Bohn



The Peace Pledge Banner that all Loring students signed last fall. The banner has been hanging in the hallway at Loring School all year as a reminder that we are peaceful and don't bully.

he students at Loring Community School will be ending the school year with some exciting events and they would like to have the community join them. The students started the school year by signing a peace and anti-bulling pledge and having a Peace Parade around the block which was led by members of Henry High's marching band. During the school year, in addition to learning reading, math and other subjects, the students have been learning about how to get along with one another in a peaceful manner and to prevent and stop bullying. They are ending the year with these Peaceful Celebrations.

The Loring drama club, Footlights, will be performing an original play, *Sheldon Fizzlestein Saves the Day!* as part of the peaceful celebrations. There will be an evening performance on Monday, June 4 at 6 p.m. beginning with a reception in our schoolyard garden. We would like to invite the entire community to this event celebrating our garden program, our drama program and our anti-bullying program. There will also be two performances on Tuesday, June 5 at 10 a.m. and 10:50 a.m. The Victory Neighborhood Association has been sponsoring the drama club this year.

Starting at 1:45 p.m. on June 5, which is the last day of school, the students will have another Peace Parade around Loring School and Victory Park. The students and staff of Loring Community School would like to invite the community to come out and line the streets around the school and celebrate our students' school year! Loring Community School is on 44th and Thomas Ave. N. If you need more info check out loring.mpls.k12.mn.us or call the school 612-668-2060.

One of the best of Henry High

By Tom Murray

hen Eva Lockhart, International Baccalaureate (IB) English teacher wrote Jasmine Lane's letter of recommendation for college applications this year, she described Jasmine as a "breath of fresh air." Jasmine is funny, self-deprecating and goes above and beyond in every class. In order to get the highest possible IB scores she stayed after school working with her IB English, chemistry and history teachers even in this busiest month of her senior year. Jasmine also works a part-time job as a pharmacy technician and plans to use this experience to further her interest in chemistry at the University of Minnesota. It will be difficult to lose Jasmine from the halls of Patrick Henry High School, but we know she will be an asset to the University of Minnesota, which she will attend with almost 100 percent of her tuition paid by scholarships.



Jasmine has always had a passion for Spanish language and the Latino culture, in part because she is of the Latino heritage. During her junior year she successfully completed an eight-week cultural immersion program in Mexico through the Amigos de las Americas Program.

As a senior, Jasmine led Henry's renowned National Honor Society in a number of school and community initiatives that included over 128 units donated to our Blood Bank, a record amount for Trick or Treat for UNICEF (over \$650 dollars), a record amount of food—over 1000 pounds—at Feed My Starving Children, and an entire truck for ARC of Hennepin County with toys and clothing for the Holiday Penny/Toy and Clothing Drive. For these accomplishments Jasmine received Henry's highest honor, the Power Patriot of the Week Award in May. She was

Best of Henry continued on page 3

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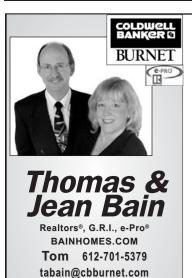
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Farview soccer's a winning team.

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Think global

We're Tom & Jean Bain. We live and work in the Camden community. We work hard to use our real estate experience & area knowledge to help buyers & sellers in Camden & throughout the metro.

One year after the tornado, many parts of our neighborhood are coming together as a community. Thanks to the Park Board, Lion's Club & our elected officials for funding and helping to plant trees to replace some of the thousands we lost. Real estate questions? Contact us or visit us at www.BainHomes.com.



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Scoops

and shop local! Do you own a business in Camden? Learn from other business owners at the Northwest Minneapolis Business Association (NWMBA) Meetings on the third Tuesday of each month, 6:30 p.m. at Shingle Creek Commons. NWMBA has been serving the community for 80 years! Get info at nwmplsbusiness.com, info@nwmplsbusiness.com or president@nwmpls business.com. Let's grow Camden together!

Local realtor Stephanie Gruver recently joined the RE/MAX Results brokerage group. Stephanie says, "With 24 offices (and growing) around the Twin Cities, RE/MAX Results offers me the ability to reach not only a larger group of agents, but on its website, www.results.net, I can post up to 50 high-resolution color photos of my listings online, plus create YouTube videos for listings and network for specific buyer needs. I am very excited to join such an outstanding organization dedicated to the most advanced clients." Stephanie loves helping sellers with complimentary staging and pre-listing preparation advice, as well as assisting first-time buyers take advantage of down payment assistance programs throughout the Twin Cities. Stephanie bought her first home in Camden in 1996, and over the years has volunteered with community events such as Holiday on 44th, served as a board member with the Webber Camden Neighborhood Organization, and is a Camden Lions member. Info: 612-581-5842 or stephaniegruver.com.

The Hennepin County Board has approved \$400,000 to **Project** for Pride in Living for its Foreclosure Redirection Program II, which will acquire and rehabilitate four small foreclosed Northside apartments to provide 24 affordable housing units.

Here's a few tidbits....

Amy Buelow is the new property manager for Shingle Creek and Kingsley Commons.

Business is booming for Your Way Flooring, LLC—they hired their first employee this month.

Impact Mailing received MDMA

2012 Exceptional Service Award (Midwest Direct Marketing Association) award on April 24. Each year MDMA presents one such award to a direct marketing supply company that demonstrates distinguished customer service, exemplified leadership and commitment to excellence in the integrated direct marketing industry. "The award is especially significant because we were nominated by such a highly valued, longterm partner. This is a wonderful honor," said CEO Tim Johnson.

Valmer Mechanical has 12 years of heating and cooling experience. 4640 Lyndale Ave. N, 612-224-2694, owner David Harrison is one of the newest NWMBA members.

Know of a new business in Camden, or one that's offering new products or services? The Camden News loves to plug local businesses. Send the scoop to editor@camdenews.org

2012 *Camden* **Community News Deadlines**

Issue	Pub. Date	Deadline
July	June 29	June 19
August	July 27	July 17
September	Aug. 31	Aug. 21
October	Sept. 28	Sept. 18
November	Oct. 26	Oct. 16
December	Nov. 30	Nov. 20
January '13	Dec. 28	Dec. 18

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Be prepared as storm season approaches

As the anniversary of the May 22, 2011 tornado just past, it's a good time refresh your memory on what tornado watches and warnings mean, and how to be prepared. A tornado watch highlights an area where tornadoes are likely to develop. When a tornado watch is declared, continue your normal activities, but keep track of the latest weather reports, and be ready to get to a shelter. Remember - tornadoes can develop quickly.

If there's a tornado warning, move to the lowest level of the building you're in, to the innermost room, or go to a pre-designated shelter area. Stay away from windows. In a hallway, crouch down and protect your head from flying debris. Avoid areas with glass and large expanses of roof with no supports.

The Minnesota Department of Public Safety's website has preparedness information for all types of severe weather including storms, flash floods and heat waves and can be used as a guide to help folks make a plan, build an emergency kit and practice drills.

ECHO Minnesota, an organization that provides preparedness information in many languages, has a set of videos that people can view to learn more about being ready for emergencies. Just visit the ECHO Minnesota website to see videos on topics like tornado safety, emergency sirens, severe weather warnings and flooding. Each video can be viewed in English, Spanish, Somali, Hmong, Vietnamese, Lao, and Khmer, and the flooding video is also available in Karen.

ECHO Minnesota created a new video called Recovering from the Storm following the Northside tornado last year, and it shows viewers how to be prepared, work together, and take care of themselves, their families, and their community when a storm hits. Even a year later, a traumatic event like the tornado can be difficult to recover from, and many people continue to experience stress, worry, and fear as they deal with their loss and put their lives back together. Recovering from the Storm is available for viewing in English, Spanish, Somali, and Hmong.

Do you have a family member, friend or neighbor who's moved out of Camden? Give them a gift subscription to the Camden News. It's only \$20 for one year.

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technology to better serve my

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Letters to the Editor



Buyers beware

The 18th annual Victory Garage Sale will take place on Saturday, June 2. New this year will be a Flea Market in the Loring School gym at 44th and Thomas. A word of caution...buyer beware! Over the past several years, we have received concerns/complaints about vendors selling goods on street corners. We have no control over who sells on street corners but folks have said the goods are of inferior quality. To make sure you know who you are buying from, please check the garage sale maps available the day of the sale. Everyone listed on the map has registered with the Victory Neighborhood Association, has paid their registration fee, which helps support the cost of the event, and may have an official garage sale sign. We appreciate those folks who actually participate in the event with their financial support as many others piggy-back on the sale without any contribution. Enjoy the sales!

Ann Kaari, Victory Events Committee



Politically correct

This is perhaps a term that we hear on a day to day basis and my comment concerns just that. I am not endorsing or encouraging anyone to vote for any specific candidate. What bothers me is when I hear people, and news commentators, refer to President Obama as "Barrack" or in most cases "Obama." I would never call my doctor by his first name nor call my father or mother by their first name.

During the Kennedy administration President Kennedy demanded that even his closest aides and friends refer to him as "Mr. President." He felt that this was the highest and most respected office in our nation and worldwide, and demanded the respect for the office. So whether you love or hate President Obama, show respect for the highest and most respected office in the world. This is not an issue of love or hate...it's an issue of respect.

I guess I'm from the old school...when someone holds a door open for me I say, thank you. When I hold a door open for someone I don't expect a thank you in return, I do it because I respect myself. When you lose the quality of self-respect then you stop caring. It puts a whole new light on the old saying "it's better to give than receive."

Jerry Johnson,

Victory

Best of Henry continued from page 1

also recognized for her essay on world peace that earned her the prestigious Rose Rees Peace Award. Here is that essay:

World peace is an idea that seems foreign and often unachievable in a world consumed by greed, hatred and the love of power. However, the negative aspects of this world are not the only reason for the lack of understanding amongst and across racial, social and political borders; it is rather the lack of action. Evil, hatred, destruction and greed triumph when good men do nothing. We are one step closer to world peace and understanding when good men and women take action.

World peace is an abstract that is unfathomable due to widespread disagreement. The lack of sympathy and tolerance, with the added presence of judgmental ideas, are what prevent understanding and instead promote conflict. To feed the already present hatred with apathy and intolerance is to destroy the possibility of a peaceful world.

World peace: An idea, a phrase, something seemingly unachievable. On the contrary, it is something completely achievable. But first, we must take action against the fallacy of the idealistic peaceful world in which everyone is oblivious to any differences they may have. What we are truly seeking is a common understanding: The realization that we are all different, being comfortable in our differences, and placing emphasis on our human similarities. We are all a member of a family; we all have loved ones; and we are all members of the human race. If good men and women take action, we can and will achieve any goal to which we set our minds and hearts.



Pothole city

In the past couple of years the powers that be have done very nice job of repairing the roads around North Memorial Hospital, the Parkway and Lowry Ave. But why can't the powers repair the quarter-block section (where most of the ambulances travel) between the Parkway and West Broadway on Lowry (just after the bridge)? It's only less than a quarter-block long but is 'pothole city' and a patch mess.

Brad Murphy, Cleveland



Nice evening spoiled

It was a beautiful evening in late March. Or was! I live in the heart of North Minneapolis, and normally I don't mind sitting out on my front steps. That night it was different. As I sat there watching my dog run around the front yard, a large group of girls came walking down the street, crossed over to the vacant lot, and then a fight broke out. There was a lot of yelling and screaming, and of course no police came! This went on for about 15 minutes. Why didn't I call 911?

Well, there are a few reasons. One, I am the minority in my neighborhood. Two, I overheard two other people calling. And three, by the time the cops would have gotten there everyone would have been gone! I thought the police were supposed to be patrolling this area more since that poor cab driver was shot and killed. Guess not so much. Oh, and the police never did show up.

Kathie Rodriguez,

Camden



Something missing?

Our great nation has been diminishing its greatness over the last 30 years by taking God, especially Jesus, out of the proverbial picture. If one actually looks at a picture of our country one can see only the frame, around an indistinguishable image of meaninglessness

God was once the center of that picture. He sent his son to die for our sins, and show us how to live, what rules to keep, how to have meaning in our lives. Many Americans don't even know who Jesus was and is, or what it means to be a Christian. Our teachers have little control of student behavior because they aren't allowed to reinforce the Christian values that parents are teaching at home, if they are even teaching them at home. The greatest lover of all mankind is not being taught about. What has happened to our educational system?

When I did my student teaching back in the '60s, I worked in several public schools and with quite a few teachers. One of those teachers, I will never forget. Sometimes when I walked by her 3rd grade classroom, I'd hear her class singing. So, one day, I told her I'd be working in a Christian camp that next summer and needed some song ideas. Several days later she called me in, her whole class stood up, faces

beaming, and they sang their little hearts out. She then gave me song sheets to take with me to camp. My heart swelled with joy and excitement, not only because they did that just for me, but also because they were all so proud to be singing to me about Jesus, Jacob and other Bible characters. I wish I had kept in touch with that teacher, because I really need to give her a huge hug.

What a difference it would make if our state and national legislators stood up and sang a few Christian songs at the beginning of their sessions. I think they'd get along much better. The way things are now, they don't seem to realize or care that their behaviors and some of the terrible laws they pass are so displeasing to God, and even in defiance of him. They did manage to put "under God" in the Pledge of Allegiance, but many don't say those two words; and many others are trying to get them taken out.

Such is the state of what was once a great country. As America goes, so goes the world. We're all going down. Each of us can individually save ourselves by believing in our savior, Jesus, and following his floor plan for our lives. But it sure would've been grand if our nation had stayed together and kept God in the picture. A nation divided against itself cannot stand. *T. Spindler*;

Webber-Camden

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We welcome your opinions. Please keep your letters to the editor short, less than 500 words, and to the point. All letters will be edited for length and clarity. Send your letters with name, address and phone number to 3526-A Humboldt Ave. N., Mpls., MN 55412 or editor@camdenews.org. Anonymous submissions cannot be printed. Opinions expressed are those of the writers, not necessarily the Camden News.

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Camden Youth & Schools

Ski teams hit summer training mode!

By Ingrid Remek

"Cross-country skiing? What do you guys do in the summer?" That commonly asked question resonates with most Minneapolis fair weather folks who are eagerly anticipating upcoming days of beaches, barbeques and basking in the sun. While some prefer to bury their winter memories in the sand, the youth on the Anwatin and Nellie Stone Johnson Middle School Ski Teams are seeking out winter... on dryland.

"You only get to ski four months a year," said Anwatin Ski Team coach Allie Rykken. "We want to show the kids that cross-country skiing is a lifestyle, one that involves active outdoor adventure all year round." Diving into summer training mode, the athletes have continued to meet at Theodore Wirth Park for practices that involve mountain biking, roller skiing (simulates cross-country skiing on wheels), trail running and orienteering.



Arenzo Jones, Jonathon Ramirez, Muaj Xiong and Issac Sonquist celebrate after balancing on the Skeeder Todder for five seconds. Photo by Ingrid Remak.

The Anwatin and Nellie Stone Johnson Ski Teams, run by the City of Lakes Nordic Ski Foundation, recently united for an Adventure Race at Theodore Wirth Park. Coach Rykken spent time constructing a one of a kind obstacle course that involved wit, teamwork and skill - amidst getting dirty, and having fun. "We were looking to do something that the kids could train for," said Rykken who meets with Anwatin skiers three times a week for summer practices. "Adventure races have different components so we used those parts as mini goals to focus our training on throughout the spring. They worked on their map reading (orienteering) skills and endurance in preparation for the race."

The race began with a mountain bike ride nearly two miles to the high point of Wirth. From there they ran and biked a three-mile course that required them to complete seven stations including: fixing a flat tire on a bicycle, tossing a Frisbee into a bucket, maneuvering a tractor around



Antoine and Antonio gear up for a mountain bike adventure during the Nellie Stone Ski Team's summer practice at Wirth. Photo by Ingrid Remak.

cones, answering trivia about skiing and mountain biking on the trail, and ultimately balancing for five seconds as a team on the skeeder todder (a glorified see saw) without it touching the ground.

Arenzo Jones, who skied for Nellie Stone Johnson, celebrated after his team won the event. "I love how much air you get when you hit the bumps!" he said describing his mountain bike ride. Jones learned how to ski in elementary school in the Foundation's Minne-Loppet Program and continued to ski on the middle school team. He was happy he still gets to practice with his coaches in the summer. "I want to ski more when I get older, and encourage my sisters to ski too."

Do you have a middle school aged youth that would like to participate in cross-country ski training, mountain biking and other outdoor related activities this summer? The Nordic Ski Foundation runs Loppet Juniors- a summer training program open to youth interested in learning adventure sports. Participants must commit to a full summer of practices and events. Tryouts held June 8, 3-4:30 p.m. at Theodore Wirth Park. Contact Coach Rykken, 612-604-5334, for info

El Sistema comes to Northside this fall

By Kelly Carter

"El Sistema in Venezuela is the single most important innovation happening in the world of the arts hundreds of thousands of at-risk kids' lives redirected from trouble, effectively, efficiently and powerfully through ensemble music," says Eric Booth, El Sistema USA Senior Advisor, referring to an internationally acclaimed Venezuelan social justice program called El Sistema. El Sistema has impacted 800,000 children through a free, comprehensive musical education. Nucleos, the word used to describe the center where the programs take place, are globally increasing. This includes 50+ U.S. sites and 25 countries, still rapidly expanding. This fall the Northside will be added to the list through the nonprofit Advocates for Community through Musical Excellence (ACME).

"We [at ACME] believe all people have a born right to learn and enjoy music," says Executive Director Kelly Carter. But ACME isn't just a place to learn and enjoy music. El Sistema Founder Dr. Jose Antonio Abreu believes participation in ensemble music has the power to change a person's life and to transform their community by creating beauty and accepting oneself and others. ACME Artistic Director Tricia Morgan-Brist agrees, "By training children to become critical listeners and active ensemble members, we enable them to use the transformative power of music to build themselves and their community as a whole."

Prior to involvement with ACME, Development Director Sara Zanussi was a music fellow in Tanzania where she found her niche of teaching music to underserved children. "It was amazing to see the transformation that was manifested in these children. In only one school year, they went from embarrassed, bashful children to confident, inquisitive, disciplined individuals." Participation in a classical orchestral ensemble nurtures cooperation, mutual respect and responsibility. ACME will give students an opportunity to cultivate these skills and develop their identity in a safe, nurturing and healthy environment.

Studies show a strong connection between students who study music and their success in general education. According to UCLA, a 10-year study of more than 25,000 students demonstrated music making improves standardized test scores and reading proficiency exams. Regardless of socioeconomic background, students who participated in music received higher marks than those who had no music involvement. This study was reaffirmed with standardized SAT scores of the Edina school district for the past 15 years.

ACME, fiscally sponsored by Springboard for the Arts, will open this fall with 25 first graders at Nellie Stone Johnson Elementary. For info on upcoming events, donations or how you can take action visit www.acme-music.com.

AmeriCorps programs seeking tutors

Minnesota Reading Corps, a statewide AmeriCorps program to help every Minnesota child become a successful reader by the end of third grade, announced results from the Minnesota Reading Corps Statewide Evaluation for the 2010-11 academic year, which boasts positive results including an increase in third grade reading proficiency by 11 points from 69 percent to 80 percent. This success will enable the program to grow by 40 percent next school year. Both the Reading Corps and the Math Corps programs are actively recruiting tutors to fill the additional positions.

Statewide, 80 percent of Reading Corps participants, all of whom were at significant risk for failure, passed Minnesota assessment tests. This surpassed the overall 78 percent pass rate for all Minnesota students.

The program is also having a substantial impact on the state's special education base. In a matched sample study, Reading Corps participants were less likely to be referred to special education. "Our program results reinforce a strong return on investment for our state and prove we're making headway in our efforts to ensure all Minnesota children are on a path to achieve academic success," said Audrey Suker, Chief Executive Officer of ServeMinnesota, the state's Commission on National and Community Service. "Our aggressive growth plans for both Minnesota Reading Corps and Minnesota Math Corps for the 2012-13 academic school year will help thousands more students be proficient in reading and math."

In the next academic year, Minnesota Reading Corps plans to grow nearly 40 percent by recruiting more than 1,000 tutors to be placed in preschools and elementary schools statewide. Its sister program, Minnesota Math Corps, aims to help every Minnesota student become proficient in math by the end of eighth grade and plans to nearly double for 2012-13, recruiting and placing more than 125 tutors in elementary, middle and junior high schools statewide.

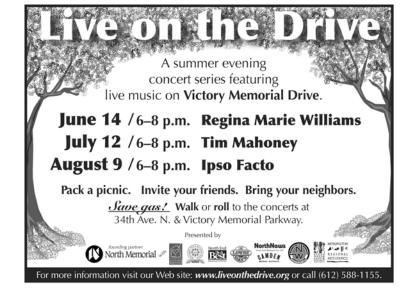
"Serving more students through Reading Corps means more students passing the third grade reading test, which in 2011 was just over 3,400, compared to 2,124 in 2010," stated Kathy Saltzman, Executive Director of Minnesota Reading Corps and Minnesota Math Corps. "For Math Corps, we're also seeing positive results. For example, an urban school reported that 97 percent of its Math Corps participants increased an average of 13 points on their math assessments," said Saltzman. The national average is just over four points.

Additionally, on the Measures of Academic Progress achievement tests, given three times yearly, seven in 10 tutored students across all grade levels met or exceeded their expected growth target for the year. In other words, 70 percent of Math Corps students achieved more than one year's growth in one year's time.

How Minnesota Reading Corps and Minnesota Math Corps Work: Minnesota Reading Corps tutors will work one on one or in small groups with preschool and elementary-age students to implement research-based earlyliteracy strategies to help catch kids up to grade level. Minnesota Math Corps tutors will work with pairs of students to implement research-based math practice strategies to help them catch up to their peers. Reading Corps and Math Corps tutors commit to 11 months of AmeriCorps service, during which they earn a modest biweekly living allowance of \$500 and an education award up to \$5,550. Full-time tutors may also receive health insurance.

"By serving with Reading Corps or Math Corps, our tutors not only change the lives of children by helping them gain skills that will open doors for future success, they also significantly grow as people and professionals," said Saltzman.

Why join Minnesota Reading Corps or Minnesota Math Corps? Some join because it's a great way to build experience in the working world and network with education professionals. Others have years of experience and are seeking to broaden their knowledge or make a career change. Still others serve because they enjoy working with children and are looking for a deeper connection to their community and local school. To learn more visit www.MinnesotaReadingCorps.org or www.MinnesotaMathCorps. org, or contact Anna Peters at 866-859-2825.



Cultural differences...and potato salad

By Marie Porter

To drive to my hometown — where I was born and raised — takes just 7 or 8 hours. Even still, I'm constantly surprised at how "new" things can be, living here — as an immigrant. The border may not be that far away, but

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wow...some things are so very different. Whether regional or national, it's been interesting to learn about these differences — a lot of the time, they're something that's just slightly different, in a way I never would have considered.

As a food writer, many of the differences that I notice are culinary. People don't tend to put vinegar on their fries here — and fries with gravy is an even more rare thing! What I know as "iced tea" is far closer to the southern "sweet tea" than local "iced tea" — but is not actually brewed tea. It's a powder! Before moving here, I'd never seen yellow potato salad — ever. The idea of putting mustard in potato salad was completely bizarre to me, but my husband loves the stuff, and it seems pretty popular.

Growing up, all of the potato salads I'd ever had were made completely differently: No mustard, the flavor comes from an oil-based salad dressing. Rather than plain potatoes in a flavored "sauce," I was used to marinating the potatoes. Plain mayo was the sole "sauce" ingredient, but picked up flavor from the marinade. Rather than the mostly uniform texture of the mustard version, our potato salads had to be full of crunch — usually from celery and radishes.

So, for those of you who are interested in trying new things, I present my grandmother's potato salad. It's what I grew up on, and I hope you all enjoy it as much as I do!

Grandma's Potato Salad
3-5 lbs red potatoes, chopped into

3/4" -1" cubes 1.5 cups Italian salad dressing 3 green onions, sliced 4 celery stalks, sliced 8 radishes, thinly sliced 3/4 – 1 cup full fat mayo 5-6 eggs, hard boiled and sliced Black pepper

Boil potato cubes until tender enough to easily pierce with a fork, but still firm – about 30 minutes. Strain, and place into a large non-metallic bowl. Pour Italian dressing over warm potato cubes, gently stir to coat, cover and refrigerate overnight.

Several hours before serving, add green onion, celery and radish slices. Fold into potatoes. Add mayo (3/4 cup if you like a drier salad, more if you like it creamier), gently stir until potatoes and vegetables are evenly coated. Gently fold in the egg slices, season with pepper to taste. Enjoy!



Fourth Ward Report

Council Member Barbara A. Johnson Phone: 673-2204 Fax: 673-3940 Web page: www.minneapolismn.gov/council/ward4/index.htm

Contact Form: http://www.minneapolismn.gov/ward 4/contact-ward4

City approves over \$6 million for neighborhood funding The City Council has approved \$5.7 million in funding to support neighborhood organizations in their efforts to reach residents, increase resident involvement and fund neighborhood projects. The funding is for the Neighborhood and Community Relations department's Community Participation Program that encourages and supports participation through neighborhood organizations in three key areas: Identifying and acting on neighborhood priorities; influencing City decisions and priorities; and increasing involvement. Each neighborhood will receive an allocation of Community Participation Program funds for the 18-month period starting July 1, 2012, and for three-year funding cycles starting January 2014. Neighborhood organizations may use these funds to support ongoing community engagement activities, to develop a Neighborhood Priority Plan, or in support of priorities identified in the Neighborhood Priority Plan. A Neighborhood Priority Plan defines the vision and goals for a neighborhood or group of neighborhoods to work with the City and other partners to achieve those goals. In addition to the \$5.7 million approved for the Community Participation Program, the City Council also approved an additional \$860,000 for some of the neighborhoods that lost funding in a December 2010 budget action. These additional funds will represent a one-time adjustment to the Community Participation Program allocation for some of the affected neighborhoods.

Pedestrian Advisory Committee

The City of Minneapolis is looking for a North Minneapolis resident to serve on the Pedestrian Advisory Committee. The mission of the Pedestrian Advisory Committee is to advise the Mayor and City Council on policies, programs and actions for improving pedestrian safety, mobility, accessibility and comfort; for promoting walking for transportation, recreation and health purposes;

and for strengthening the linkage between the pedestrian environment and public transportation. The City of Minneapolis places a high value on creating and enhancing pedestrian-friendly neighborhoods because it makes our community a safer and better place to live, work and enjoy life. It's easy to see how building a pedestrian-friendly Minneapolis contributes to all our city goals.

Streets and neighborhoods feel safer and are safer, and Minneapolis is a more vibrant and bustling city, when there are people outside using the sidewalks and pedestrian paths.

• Walking and walkable environments support the local economy.

Vibrant public spaces are attractive to both employers and employees when choosing where to locate, and pedestrians support local businesses while en-route to other destinations.

 Walking is a great way to maintain physical fitness, it's good for your mental health, and it's good for your pocketbook since walking is free.

• Walking is good for the environment since it's a form of transportation that doesn't pollute or use fossil fuels.

• Walking is an essential mode of travel and serves everyone who lives, works, plays in and visits Minneapolis. Everyone walks, whether young or old, whether on foot or using a mobility device, whether as a walking trip alone or in conjunction with driving, taking transit or bicycling.

If you are interested in serving visit http://www.minneapolismn.gov/boards/openings/WCMS1P-092135 or call Shaun Murphy at 612-673-2540.

4th Ward E-Newsletter

Sign up for the 4th Ward E-mail newsletter at: http://www.min-neapolismn.gov/contact/email-form-johnson.asp. In "questions/comments" type "newsletter" and you will be added to the list.

Thanks for supporting the Camden Community News – your community newspaper

Katherine Stellmach

Rosemarie Hofstad

Thanks to all of you who have donated to the nonprofit *Camden News*. You can donate anytime! Send your tax-deductible gift to *Camden News*, PO Box 11492, Mpls., MN 55411 or go to camdenews.org and donate via Paypal. Thanks for supporting the *Camden Community News!*





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Discover business in Camden.

North West Minneapolis Business Association

www.nwmplsbusiness.com

Save green at local greenhouses

By Jon Ekbad

Gardening season is upon us! Many have already been digging in the dirt, and may have much of their flower and vegetable gardens well in hand. But here's something to consider: We can save money by shopping for our gardens right in our own backyard.

Dollars spent in our own neighborhood at local greenhouses provide many jobs for our neighbors who work there. This kind of intensive hands-on TLC cannot be outsourced to sweat shops far across the oceans. And local, family-owned businesses like these often can offer better prices than the big corporate nurseries. That's because they sell right here the very products they produce here, without having to add trucking costs. Needless to say, this also reduces pollution.

Artisans with green thumbs carefully nurse and cultivate their young plants for many weeks before throwing open their doors to invite us in. Then... what a sight for sore eyes! The monochromatic landscape of winter has silently stolen something from us – the eruption of color which is spring. But when you enter a greenhouse, just abloom with countless kinds of flowers, the eyes can barely take it all in. Table after table of exuberance. Hanging baskets of many styles, joyfully celebrating their genetic prowess. Delicate petals, gaudy blooms, greenery fringed with outlandish color.

Then there are the vegetables. Here's where pennies invested can yield astonishing dividends for your table. Just as one example, last year I bought a six-pack of seedling tomato plants for under \$2, and kept track of the harvest yield. I kid you not, by the end of October those six unassuming Early Girls had produced 734 tomatoes! Where else can you so multiply your investments these days?! If you have even minimal space, try raising fresh food for your family, your neighbors, and your friends. Everyone will appreciate your generosity when home-grown organic produce ripens faster than you can eat it.

For a gardener, caution is advised lest your greenhouse purchases exceed your space to plant them. It simply is easy to get carried away in the carnival atmosphere of photosynthesis enthusiasm. Even modern, busy urbanites retain this primal connection God gave us to the soil, and the fruit thereof which sustains our very lives.

Since we don't have any greenhouses selling veggies, annuals and perennials in Camden, here are a couple that are close by.

Weber's Greenhouse, 5040 Brooklyn Blvd, www.webersgreenhouse.com: Owner John Weber has worked the greenhouses for 50 years. Brooklyn Center's oldest business establishment, serving our neighborhood since 1941. Quick in-and-out, friendly service with knowledgeable gardening advice. Wide variety of flower and vegetable seedlings, plus some seed packets. Unlike larger greenhouses, nearly all their plants are grown on-site. This results in a consistency in care of the plants. They close for the season when they run out of plants, usually mid- to late June.

Malmborg's Greenhouse, 5120 North Lilac Drive, www.malmborgsinc.com 763-535-4695: Full-service garden center, dedicated to providing quality products and service. They root over nine hundred varieties of plants, producing over four and one half million plants in any given year. 52 yrs. in Brooklyn Center; Malmborg's also has full-line garden centers in Rogers, Shakopee and Blaine. In addition to flower, vegetable, herb and tree nursery stock, they offer gardening tools, garden accessories, a wide variety of seed packets, and a goodly assortment of fertilizers and herbicides. Through their website or in person one can sign up for their innovative loyalty program, where purchases accumulate points toward discounts. Malmborg's is noted for their loyal customers. Open through Halloween with seasonal products, and then selling their own poinsettias, as well as Christmas trees.

Go green! Buy green! Save green!

Calling all gardeners!

Have you started your vegetable garden yet? Harvest Fest will take place on Saturday, September 29 at the corner of Lowry and Penn. The Lowry Business Association invites you to enter your biggest or oddest vegetable into Harvest Fest's annual veggie competition. Winners will receive a prize! Prizes will be given for the weirdest looking vegetable, the best tasting tomato, the hottest pepper, and the largest winter squash. So get your garden going and get ready for the Harvest Fest!



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Summer fun at the library? Yes!

Looking to learn and grow while having fun this summer? Hennepin County Library is collaborating with many community organizations and businesses to present hundreds of free, enriching arts and cultural programs for kids, teens, and adults that begin in June.

The Guthrie Theater will present more than two dozen workshops for children, teens, and adults as part of the Library's Act Out series. Teen arts educators trained by the Minneapolis Institute of Arts will teach two dozen Art Out of the Box workshops for kids. MacPhail Center for Music early childhood music specialists will lead hands-on music activities for young children at seven libraries.

Kids will do Mini Magnet and other science experiments with a Bakken Museum educator at 11 libraries. They can learn about natural sciences at four I Spy Nature programs presented by Three Rivers Park District.

Teens can participate in the sport of improvisational comedy

at Comedy Sportz Improv programs, make a hip-hop CD with local music producers, design and create trinkets and unique art at seven libraries with guidance from Leonardo's Basement, and help solve a whodunnit at Steampunk Mystery Mayhem programs created by the Minnesota Historical Society.

Dozens of book clubs, including several online, are scheduled for kids and teens, too. Why participate in a book club? Book clubs are fun, they encourage critical thinking, develop discussion skills and promote respect for the opinions of others. They also expand reading interests, encourage higher academic achievement and provide an opportunity to make new friends.

Children, teens, and adults who would like to start their own book club this summer should start by reading helpful guidelines on Hennepin County Library's BookSpace pages: http://www.hclib.org/pub/bookspace/.

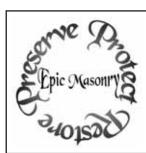
Kids and teens can also tell other kids and teens what they're reading this summer by filling out Read.Write.Draw (kids) and Best Book Ever (teens) forms. The forms are available at North Regional and Webber Libraries, and online at www.hclib.org. Click on KidLinks or TeenLinks.

What's happening for adults at the library this summer? Adults can learn textile arts from Textile Center staff and basic bicycle maintenance from Freewheel Bike. More than a dozen Master Gardener programs are scheduled. Computer classes, author programs, job search and career workshops, and many other adult programs are also on the agenda.

That's just a sampling of summer events at Hennepin County libraries. For the complete schedule go to www.hclib.org and click on Events & Classes at the top of the page. You can search for programs by library, by event type, by age level, and by keyword. Or stop by Webber or North Regional Libraries and pick up a program guide.

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A LOCAL FAMILY OWNED BUSINESS

Food Preservation class Tuesday, June 5th Class from 6 to 8 pm

At Creekview Park 5001 Humboldt Ave N, Mpls, MN 55430

So you Google a recipe to can pumpkin and find one on a food preserver's blog. Your Grandma gives you her favorite pickle recipe. Are these credible and safe canning recipes? Find out by joining University of Minnesota

joining University of Minnesota food safety extension educator, Suzanne Driessen, for a 2012 update on safe home food preservation methods and research based resources. You will learn the safest and most current ways to



preserve foods by canning, freezing and pickling.

Whether you are new at preserving food or have been preserving for years Preserving Food Safely: Exploring the Options class is for you.

The class is free! For more information and to register go to www.lindbohanon.org or call 612-588-7641

This class is hosted by the Lind Bohanon Neighborhood Association and Lind Community Garden.

Camden Arts

Regina Marie Williams is Live on the Drive!

By Janet Zahn

You couldn't ask for more than the stunning Regina Marie Williams to bring in the fifth year of Live on the Drive on Thursday, June 14 from 6 to 8 pm. The free concert is held outdoors on the scenic Victory Memorial Drive at 34th Ave., one of the most beautiful concert settings in the city.

Regina Marie Williams has been wowing audiences on Twin Cities stages since 1987, both as a phenomenal actress and world-class vocalist. You may have seen her as Dinah Washington in Dinah Was or more recently at the Guthrie in *Streetcar Named Desire*. She released her third album, When a Woman Loves a Man, shortly after her tribute concert to Nina Simone at the Capri Theater last fall. According to Angela Bassett in *Entertainment Weekly*, Regina is "The best singer you've never heard," and if you've never heard her, now's the time!



Joining Regina on stage for this concert are Thom West on piano, Dave Karr, sax, Kevin Washington on drums and Jay Young on bass.

Williams' concert will start this season in style as we celebrate year five of Live on the Drive. Be sure to pack a picnic, invite your neighbors, bring your friends and walk or roll to the concert.

Live on the Drive is presented by founding partner, North Memorial, with the Cleveland Neighborhood Association, the Minneapolis Park and Recreation Board, the Northwest Minneapolis Business Association, North End Hardware and The Lowry Café, Camden Music School, *NorthNews*, Camden Pet Hospital, The Capri Theater, Washburn McReavy, Emily's F&M Café, and the Metropolitan Regional Arts Council. (Sponsors to date.) This activity is funded, in part, by appropriations from the Minnesota State Legislature with money from the State's general fund, and its arts and cultural heritage fund that was created by a vote of the people of Minnesota on November 4, 2008. For info call 612-588-1155 or visit www.liveonthedrive.org.



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Camden Music School's Brill Building Sing-Along scholarship FUNdraiser played to a full house on April 20 at the Capri Theater

Camden Music School student Chameer St. Urbain read her essay on music that included this advice: "No matter what your age, if you have a passion for music you should pursue it because it will add so much to your life."



Song leaders Prudence Johnson, Dane Stauffer, Cynthia Johnson and Katy Hays.





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Camden Pet Hospital 612-522-4374 1405 44th Ave. N. www.camdenpet.com



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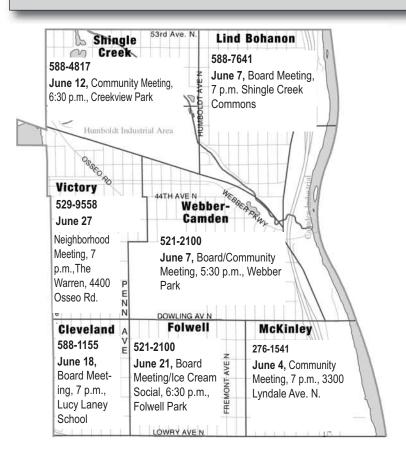


We're Moving!

Follow RC Liquors as we move into our new space in early June as Robbinsdale Wine & Spirits. We've made it more enjoyable and easier to find your favorite craft beer, fine wine and spirits. Come and check out our selection and daily discounts.

All proceeds from your purchases benefit the parks, bike trails and athletic fields of Robbinsdale.

Camden Neighborhoods



W)EBBER **NEIGHBORHOOD ORGANIZATION** CAMDEN

612-521-2100 • 1206 37th Ave. N. • Minneapolis, MN 55412

Email: info@webbercamden.org or the website: www.webbercamden.org
New Webber-Camden residents let us know you're here! M-Th, 9 a.m. – 5 p.m., Linda Koelman, Chair, WCNO

June WCNO Board Meeting/Community Meeting: Set aside Thursday, June 7 for attending the June WCNO Board/Community Meeting from 5:30 until 7 p.m. at Webber Park. Enjoy a free dinner

while attending the meeting. There will be a brief business meeting just before the community meeting and then stick around for the discussion about your ideas, issues and concerns.

4th Precinct Court Watch: Tuesday, June 12, 6:30 p.m., North Regional Library. Property crimes and "Felons in Possession" are among the items for dis-

Live on the Drive: In its 5th year, the Live on the Drive concerts continue to be a big boost to North Minneapolis. The concerts are at Victory Memorial Parkway/34th Avenue North, which is one of the most beautiful outdoor concert venues in the Minneapolis-St. Paul area. Here's the list of dates and musicians scheduled to appear: Regina Marie Williams is on June 14. July 12 is Tim Mahoney and August 9, Ipso Facto is scheduled. If needed, rain dates will be determined at a later date. For more information, contact Ariah Fine at the Cleveland Neighborhood Association, 612-588.1144.

Planning is happening! There is a special event in Webber-Camden's future and you are invited to share in the planning and, of course, volunteering on the day of the event to make sure that it is as much fun as it can be for residents and the North Minneapolis community.

Special Event: Truck Extravaganza; this is a honking good time involving trucks big and small that happens in Webber Park on August 11, 11 a.m.-3:30 p.m. Planning has begun but will be picking up over the next two months to make this one of the most successful family friendly events in North Minneapolis. Bring your good ideas to the plan call MaryAnn at 612-521-2100 for dates and times of planning gatherings.



Shingle Creek Neighborhood Association

P.O.Box 15656, Minneapolis, MN 55415;

Web Site:www.scna-mpls.org

Email: scna@gmail.com; Amy Luesebrink, staff, 763-561-1616

SCNA Meetings are held the second Tuesday of the month at Creekview Park, 5001 Humboldt Ave. N., unless stated otherwise. *All meetings open to the public. *All residents are encouraged to attend. Any requests for special accommodations are welcome. Contact SCNA staff seven days prior to meeting.

SCNA Meeting June 12, 6:30 p.m. at Creekview Park, 5001 Humboldt Ave. N.

Not too late to sponsor or volunteer for this year's Tour de Camden The 6th Annual Tour De Camden Saturday, July 21, 9 a.m.-noon An official Aquatennial affiliated event

The Tour is a leisurely bike ride through the historic seven neighborhood Camden community of Minneapolis on the last day of the Aquatennial. The ride will take participants through a national park, past several landmarks, with various educational pit stops along the route. Check out how you or your business can add your support and benefit by sponsoring or volunteering at Fb: Tour de Camden or www.tourdecamden.com.

Many thanks to SCNA Board Members and congratulations to new officers

SCNA wishes to congratulate the elected officers for 2012-2013: Brock Hanson, Chair; Jeffrey Strand, Vice Chair; Lori Hanson, Treasurer; Brittany Lewis, Secretary. Many thanks to our volunteer board members: Marie Castle, Brian Hitchcock, Carol McCrillis, Pam Owens, Troy Parker, John Theis and Lori Thayer.

Attention Shingle Creel neighbors!

Are you thinking about becoming a block club leader but just don't know how to get started? You want to but don't want to walk and doorknock your block alone? SCNA can help! Contact us or plan to attend the June SCNA monthly community meeting to learn more. Can't wait? Got questions? mpls.scna@gmail.com.

Camden Community Garage Sales—- Saturday, June 2

A map of the garage sales available at www.scna-mpls.org by May 30. SCNA Home Improvement Loans keep giving back

Nearly 300 neighbors have improved their properties including new furnaces, windows, roofs and more using the SCNA Home Improvement Loan Program. SCNA homeowners are eligible for low or no interest rates for home improvement loans. The minimum loan is \$1,000. FFI: Call Brenda Yaritz at 612-335-5891 Center for Energy and Environment (CEE) for more details! Or go to our website at www.scna-mpls.org to check out an application and more



VICTORY NEIGHBORHOOD ASSOCIATION

2200 44th Avenue North • 612-529-9558 info@victorvneighborhood.org www.victorvneighborhood.org All the News from Victory Neighborhood

Victory Garage Sale and Flea Market! June 2, 9 a.m. to 5 p.m.

Over 60 sales in the Victory Neighborhood including a Flea Market at Loring School (9 a.m.- 2 p.m.). Maps will be available at each sale, at local businesses and online at www.victoryneighborhood.org.

Loring School - end of school year celebration and performance

Sheldon Fizzlestein Saves the Day

The community is invited to the performance of an original play written, designed and directed by the Loring Community School Footlights! drama club on the evening of Monday, June 4. A garden reception in the schoolyard garden will begin at 6 p.m. The performance will start at 7 p.m. and be followed by a meet and greet.

Victory Neighborhood Association has been and will continue to be a sponsor of the Footlights! after-school program in which over 45 students participate. The students have produced two plays for their classmates already

this year and they do it all: Build the sets, make the costumes, direct and perform. Their biggest effort yet will be this end of the school year production.

The show will also be part of the last day of school events on June 5 at 10 a.m. and 10:50 a.m., which will include a Peace Parade through the neighborhood, and a picnic in the Loring School yard garden. If you can, join the students in their Peace Parade and show that Loring is our community school!

19th Annual Ice Cream Social -Wednesday, June 27, 7-9 p.m.

Come out and play with your neighbors at Victory Park—next to Loring School at 44th and Thomas. Eat ice cream and popcorn, ride the ponies, bounce in the Bounce House, have your face painted, and enjoy the performances of area musicians and artists including singers and dancers from the Patrick Henry Asian Cultural Club. It's rain or shine this year! In the event of rain most activities will take place in the Loring school gym.

The Lind Bohanon Neighborhood Association



Message Line: 612-588-7641 • email: LindBohanonNA@aol.com • www.lindbohanon.org LBNA Meetings: Free and open to the public. Residents are encouraged to attend. Meetings held at Shingle Creek Commons Bldg, 4600 Humboldt Ave N. unless otherwise specified Any requests for special accommodations are welcome. Contact LBNA staff seven days prior to date of meeting. For more details on any of these items check the LBNA newsletter and website.

Thursday, June 7, LBNA Board Meeting,

LBNA hosts food preservation class, Tuesday, June 5, 6-8 p.m.

Creekview Park, 5001 Humboldt Ave. N. So you Google a recipe to can pumpkin and find one on a food preserver's blog. Your grandma gives you her favorite pickle recipe. Are these credible and safe canning recipes? Find out by joining University of Minnesota food safety extension educator, Suzanne Driessen, for a 2012 update on safe home food preservation methods and research-based resources. You will learn the safest and most current ways to preserve foods by canning, freezing and pickling. Whether you are new at preserving food or have been preserving for years the Preserving Food Safely: Exploring the Options class is for you! The class is free! For more information and to register go to www.lindbohanon.org or call 612-588-7641

Camden Community Garage Sale is coming! Saturday, June 2! 9 a.m.-1 p.m.

LBNA will again be holding its fund-raising garage sale! Funds raised will go toward the LBNA National Night Out Picnic in the Park

LBNA receives 2nd \$10,000 **CURA/McKnight Grant**

Last spring LBNA received its first transportation grant from CURA and the McKnight Foundation. We were able to establish a transportation option for underserved disabled residents designed specifically with them in mind. We are excited to have received a second grant to expand our initial work and help increase access to art, nature and the river. Want to learn more? Contact us at lindbohanonna@aol.com or 612-588-7641.

LBNA Home Improvement Loan Program

The Lind-Bohanon Neighborhood Association, through the Neighborhood Revitalization Program (NRP) funding, provides several different loans for residents to take advantage of to help improve their properties. This program offers residents attractive home loans at below market rates! For more information contact Brenda Yaritz, Center for Energy and Environment 612-335-5891

Folwell Neighborhood – NRP in Action!

New Folwell residents let us know you're here! Call 612-521-2100; email; info@folwell.org; website: folwell.org. Office location: 1206 37th Ave. N., M-Th, 9 a.m. - 5 p.m. David Brown-Chair, Folwell Neighborhood Association



6:30 p.m., North Regional Library. There will be a discussion about property crimes and "Felons in Possession" along with other issues of concern to residents. Lots of good information at these meetings; hope we see you there!

FNA Board Meeting: There is no "in office" **FNA board meeting this June.** We will have a brief business meeting before the ice cream social (June 21) and residents can see how Folwell Neighborhood Association works, what the board of directors does and how you can become involved if you're interested in any of the items brought to the board.

FNA's Ice Cream Social "A Family Celebra-

tion": Thursday, June 21 – save this date for sure! The Ice Cream Social again is at Folwell Park from 5:30 until 8 p.m. Free ice cream: Sundae cones, 'push ups' and All American Pops (like Bomb Pops). Join the fun: Pickles the Clown will be there. Face painting and lots of family activities and games plus Tony LaMotte is back to do caricatures. Representatives from local community agencies, schools and

4th Precinct Court Watch: Tuesday, June 12, churches will be available to answer your questions. We also want your "bright ideas." New this year is a "Think Tank" at which you can tell us what ideas you have for moving North Min-

> **Live on the Drive:** This is the 5th year for this exciting concert series bringing people together on the Northside. Hear great music in one of the most beautiful outdoor concert venues in the Twin Cities. The concerts happen at Victory Memorial Parkway at 34th Avenue North in Minneapolis from 6-8 p.m. The musicians and appearance dates: June 14-Regina Marie Williams; July 12-Tim Mahoney and August 9-Ipso Facto; sounds like a great summer of concerts! Rain dates to be determined. If you need more information, please contact Ariah Fine at the Cleveland Neighborhood Association, 612-588-1155 or cna@clevelandneighborhood.org.

> Watch for information about upcoming events in the neighborhood: Truck Extravaganza (a WCNO event) on August 11 at Webber Park, and Harvest Fest on September 29 (corners of

Outdoors

The Lind Community Garden and the Lind Bohanon Neighborhood Association, are proud to grow our community by sponsoring the Potting Shed and Outdoor articles in the Camden News. For more information go to: www.lindbohanon.org or visit the garden at the intersection of 5lst and Dupont Ave N.



Divide and multiply

By Debbie Nelson, Master Gardener, University of Minnesota Extension Service Hennepin County

The drought is officially over and our gardens are quickly coming to full bloom! The mild winter followed by an early spring has many plants emerging and blooming about a month ahead of schedule. But you may have noticed that many of the perennials that have adorned your gardens for years seem to have smaller blooms, have developed an empty spot in the middle or are growing much too big. This probably has nothing to do with the weather but more likely indicates a need to divide the plant.

There are several reasons to divide a perennial. The primary reason is to control the size of the plant, but other reasons are to rejuvenate a plant or to increase the number of plants to plant elsewhere. If you notice smaller than desirable blooms or bald spots in the center of the crown you can stimulate new growth by dividing your plant.

When is the best time to divide? The general rule for dividing your plants is in the spring for fall or late summer bloomers and in the fall for the spring bloomers. Most importantly do not divide when a plant is flowering because you want all of the plant energy to go to developing root and leaf cells. Ideally when dividing in the spring you would do it just as the new growth emerges – but we may already be too late for that this year. However, early blooming

perennials can be divided as soon as they have finished blooming, which will give them a full season to develop a good root system before winter.

Division should be done a cloudy or overcast day; too much sun dries out the roots. The best time to lift your plants is after a good rain, but if Mother Nature is not being cooperative, make sure the soil around the plant is kept moist both before and after you divide it. Also if you have a spot where you will be transplanting the divisions, prepare that spot before you divide the plant. The less time the plant is spent out of the ground the better. When the ground is prepared in both spots, use a spade or pitchfork to lift the entire plant out of the ground. Remove all the excess dirt by shaking or pulling it gently away with your hands. How you divide the roots will depend on the plant's root system.

Most common perennials have a spreading root system, which has roots originating from many points on the plant. Asters, bee balms and cornflowers are examples of this type of root system. These types of plants can become invasive if not divided regularly. The roots can be separated into clumps of 3-5 shoots each by gently pulling and disentangling the roots apart. Another way to separate them is to place two pitchforks back to back at the point of division and gently pull the forks apart.

A clumping root system has a central root clump with multiple growing points. Astilbes, hostas, daylilies and some ornamental grasses have clumping root systems. Some of these root systems can be pulled apart with the two-fork method; but if there are thick, fleshy roots you may have to cut the plant into divisions with a sharp knife, making sure there is

one developing eye or bud in each division. Once you have divided the plants be sure to plant the divisions as soon as possible so that they don't dry out. If you are 'gifting' some of the divisions, plant them in a large pot and keep the soil moist until they can be planted in the ground.

How often a plant needs to be divided depends on the plant and your preference for its size or need for additional plants. Often dividing a

plant will increase its vigor and growth. Some plants that benefit from division in the spring every 1-3 years are yarrow, astilbes, asters, delphiniums, tall phlox and bee balm. Bearded iris should be divided immediately after they bloom. Daylilies can be divided every 3-5 years immediately after they bloom in the summer. Purple coneflower should be divided every 4-5 years in the spring or early fall. Some perennials don't need to be divided as often; clematis and false blue indigo only need to be divided every 10 years. Peonies, Siberian iris and Oriental poppies should be transplanted in the fall And some plants, such as butterfly weed, columbine, euphorbias and baby's breath do not like to disturbed and should not divided unless necessary.

Dividing your perennial plants and transplanting them in your garden is one way to divide and multiply at the same time!

Summer-fall guide highlights park system's activities and attractions

If you're looking for great ideas for fun in the sun in Minneapolis, check out the Minneapolis Park and Recreation Board's 2012 Summer–Fall Guide. Now available in low-resolution and high-resolution versions online and in print mid-May, the 40-page, full-color guide highlights the park system's attractions, including beaches, gardens, golf courses and historical sites, and a variety of activities, free concerts and movies and events. New in the guide are details about day camps, golf schools, environmental and gardening programs, and water recreation activities such as swim and sailing lessons and logrolling.

The Summer-Fall Guide also includes details about popular park eateries, great places to hold a wedding or corporate event, and fun recreation center programs and classes for youth and adults.

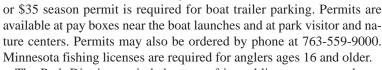
The guide is a convenient and online-friendly publication. Find it at www.minneapolisparks.org in both low and high-resolution formats for easy viewing and printing.

The guide will be mailed to annual patron parking permit holders, and will be available at MPRB recreation centers, Hennepin County Libraries in Minneapolis and the Minneapolis Convention Center. For info about the park system or to request a copy of the guide call 612-230-6400.

Go fish

Can't make it up north to go fishing? Gas prices keeping you home? No cabin? No problem – Three Rivers Park District has some of the best fishing and boating opportunities right here in the metro area. The Park District offers shore fishing and fishing piers at the Mississippi River – right here in Camden.

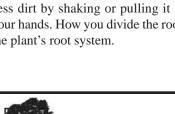
Parking is free in Three Rivers Park District. However, a \$5 daily



The Park District reminds boaters of its public-access procedures, which specify that once the boat launch parking lot is full, a motorized watercraft cannot be launched until a motorized watercraft leaves the lake. This policy includes personal watercraft. Vehicles hauling motorized watercraft without a trailer must comply with the procedures and will be required to park in the boat launch parking area. Boat owners are reminded to check for Eurasian water milfoil and other invasive species before launching and when removing boats from the water.

There are boating and fishing locations all over the metro area (visit the park district website) – but here in Camden we have North Mississippi Regional Park, just off I-94 and 49th Ave. You can fish the Mississippi River for carp, smallmouth bass, Northern pike, muskies, panfish, rock bass, channel catfish and suckers. You don't need a boat – go shore fishing, and there's wheelchair-accessible fishing piers. Go fish!





McKinley Community Office 3300 Lyndale Ave. N. Phone: 612-588-7550 Email: mckinleycommunity@yahoo.com Website: www.mckinleycommunity.com

Grand Opening Celebration of the McKinley Neighborhood Center

When: Saturday, June 2 from 11 a.m. to 4 p.m. Where: Our Neighborhood Center, 3300 Lyndale Avenue North

Who: All are invited

What: Celebrating our acquisition and renovation of 3300 Lyndale Avenue North...formerly Jerry's Flower Shop

Come down for food, fun and festivities as the McKinley neighborhood and our friends celebrate this day. Everything is **free!** We will have events and games and artwork for kids, live music and spoken word performances, tours of the building and nearby farming locations and so much more. We will be giving away door prizes, security motion lights for homes, plants and more. See

Community trash pick-ups start June 4 and go till September 1

It is that time of the year again when we end the "stuffy" indoor meetings and hit the streets to make them cleaner. Starting with our June 4 community meeting and ending with our first meeting in September we will move around the neighborhood to various locations and pick up all of the trash on the sidewalks and streets. Check this ad monthly for dates and times as well as our Facebook page, website and weekly email blast. We will provide the bags and a light beverage and snack after the event, just bring some gloves.

If you are interested in hosting a block clean-up event call the number above and ask for Chris (still two dates open). Know a senior who needs help with raking, shoveling or other chores?

Chore Program - low-cost home maintenance services such as routine housecleaning, seasonal jobs, lawn care, snow removal and minor repairs aimed at helping seniors living in their homes (individuals 60 and over). Call

Want to buy a house to live in? The McKinley Home Ownership Forgivable Loan Program is available. Call Chris at 612-588-7550 for more details. Other restrictions apply, so call today.

Does your home need work? Check out a McKinley Home Improvement Loan

The McKinley Community has a great home improvement loan that is managed by Center for Energy and the Environment and carries an interest rate of only 3%! The application process is easy and loan amounts can be between \$2000 and \$15,000. Call 612-588-7550.

McKinley Calendar of Events

Grand Opening Celebration of McKinley Neighborhood Center (Read message above for details.) McKinley Community Trash Pick-up Monday, June 4, 7 p.m., 3300 Lyndale Ave. N. **New location**

McKinley Board of Directors Meeting Monday, June 18, 6:30 p.m., 3300 Lyndale Ave. N.

McKinley Crime & Safety Trash Pick-up Tuesday, June 19, 6:30 p.m., corner of 35th and Colfax start point

CNA Cleveland Neighborhood Association

P.O. Box 11635 • Minneapolis, MN 55411

CNA Office is located at Lucy Craft Laney at Cleveland Park School
Phone: 612-588-1155 Fax: 612-588-1151

cna@clevelandneighborhood.org • website: http://www.clevelandneighborhood.org

Calling all gardeners

Share your garden with our community on Sunday, July 15 from 1–5 p.m. This is a

self-guided tour giving you the opportunity to get a closer look at some of your neighbors' gardens. CNA will host the event with a map and refreshments which you can pick up that day at 3615 Sheridan Ave. N. Applications are available at ClevelandNeighborhood.org. No garden is too big or too small to share!

Bike Cops for Kids summer kick-off! Kids! Bike over to Lucy Craft Laney School on June 21 from 1-3 p.m. for a grand bike party! Bike Cops for Kids will be launching its 2012 summer program with nine Minneapolis police officers participating. Stop by to meet the officers, get your bike tuned up, go through a bike safety course, and have the opportunity to win some great prizes. We'll see you out there!

Cleveland Flea Market

Join your neighbors on Saturday, June 2, for the Victory/Cleveland Garage Sale and

Flea Market. The flea market will be located in the Lucy Craft Laney parking lot on 33rd and Penn. If you'd like to participate call the office, 612-588-1155.

Live on the Drive

June 14 kicks off the 5th season of Live on the Drive with Regina Marie Williams. 6 p.m. at 34th and Victory Memorial; we'll see you there! Details at LiveOn-TheDrive.org.

Try a nice ride

You've seen those neon green bikes over on Lowry and Penn, but have you had the chance to take them for a spin? Now's your chance to take a free ride and get a free annual pass (\$65 value!) so you can ride all year completely for free. Next tour: June 22 call the office for details: 612-588-1155.

I want _____ in my neighborhood Share with CNA what you want to see in the neighborhood. Text your ideas to 612-567-1CNA (262) or email us at cna@clevelandneighborhood.org. Your input will help us plan for the coming year.



Community Calendar

The Camden Community News accepts free calendar items with priority placement going to free events for families in the Camden Community. Keep your items short — send the event basics (who, what, when, where, why, etc.), highlight and contact info to editor@camdenews.org. Send your item in the style listed below: day, date, event, location, etc. We never guarantee your calendar item will be printed — if you want to guarantee your event gets in the Camden News you may place an inexpensive paid ad to support the non-profit Camden News — see info on pages 2 and 11. And businesses can help the Camden News promote local events by sponsoring the Community Calendar, and get your business name out there — it's only \$50 per month. Call 521-3060.

Arts

Ongoing Mondays - The Northside Arts Collective board of directors meets on the first Monday of each month, at 6:30 p.m. Email info@ nacarts.org for location.

Ongoing Mondays - Artist Roundtable meets monthly on the third Monday of each month at 6:30 pm. Email info@nacarts.org or visit www.nacarts.org for location.

Ongoing Thursdays - Northside Writers Group Meeting, 7-9 p.m. New members always welcome. Any skill level acceptable. We are interested in your enthusiasm, in your story, in your willingness to write. Homewood Studios, 2400 Plymouth. Info: Debra Stone at stone.debra @comcast.net or George Roberts at george@homewoodstudios.com.

Ongoing - Rock this summer at Camp Komoniwannarock! Camp K is about rockin' good fun, great music and intense learning. Students are divided into rock 'n roll bands and perform an entire music set on stage on the last day of camp. Campers establish a groove, how to solo, how to practice and play as a group. July 23-26, July 30-August 2 (8 half days, 9 a.m.-1 p.m.) For Just completed grades 5-8, or by special arrangement. At Marcy Open School, 415 4th Ave. SE. Tuition \$350. Scholarships available. Register/info: 612-618-0219 www.camdenmusicschool.com.

Ongoing - Dip your toes or dive in to music at Camden Music School. Dip into one of two 4-week terms or dive in for all 8 weeks. Summer term 1, June 25-19; Summer Term 2, July 23-August 16. Musikgarten classes for ages birth to 8, individual, team and group instrumental and vocal lessons for ages 8 and up and a variety of ensembles for ages 5 and up, including bluegrass, rock 'n roll and movie music for strings. Summer scholarship applications due by 5 p.m. June 18. Check out camdenmusic-school.com or call 612-618-0219.

Church Events

Ongoing - Clothes Closet at North United Methodist Church, 44th and Fremont, from 9 a.m.-noon the first three Saturdays of each month and the first Monday each month from 6-8 p.m. with free bag lunch from Mobile Loaves and Fishes. One Saturday per month dental checks, blood pressure readings, vision screening and medication checks available. Donations accepted when open or see if there is some clothing you may need. If unable to get to NUMC during open times, call the church at 612-522-4497.

Ongoing third Sundays - Breakfast and a Bag. The Joint Ministries of Evangelist Temple, Brooklyn Center Hispanic Seventh Day Adventist and Gethsemane Lutheran host a free community breakfast from 8-10 a.m. at Gethsemane Lutheran Church on 47th and Colfax. When you are finished with breakfast and coffee you are welcome to take a bag of groceries home with you.

June 8-9 - St. Olaf Lutheran Church and New Directions youth garage sale on Friday and Saturday, 9 a.m. -5 p.m. at St. Olaf, 2901 Emerson. Contributions for the sale are greatly appreciated. Call Pastor Dale at 612-701-3963 for directions on where to leave them. Donations are tax-exempt. Proceeds used for chil-

dren and youth to fund summer activities, including summer camp, Bible school, recreational activities and a trip to the ELCA National Youth Gathering in New Orleans. Info: 612-529-7726.

Wednesday, 6/6 - St. Olaf Lutheran Church presents Instruments of Your Peace, a free concert for peace, culture, and repair of the historic Moeller organ. 7 p.m. in the restored, historic and acoustically wonderful sanctuary at 2901 Emerson. Concert includes choral, instrumental and organ selections by local talent under the direction of St. Olaf Music Director Jerry Bursch. Free will offering will help repair the organ. Lemonade and cookies served after the performance.

Classes and Workshops

Third Tuesdays - Seniors with diabetes support group, 10-11:30 a.m., Webber Park Community Center, 4141 Webber Pkwy. Call Dot Hase, 521-1182, or American Diabetes Assn., 593-5333. Free.

Ongoing Wednesdays - TOPS (Take Off Pounds Sensibly) 6 p.m., Webber Park.

Ongoing Saturdays - Homewood Tai Chi, 8:30-10:30 a.m. Questions: Beverly Roberts at 612 588-3723 or beverly@homewood studios.com.

Ongoing Open Computer Lab. Walk-in computer access for the community. Surf the web, check your email or get assistance creating documents. Call 612-668-1730 for details. Tuesdays, 6-8 p.m. Free. Info: 612-668-1922 or www.mpls communityed.com. Would you like to teach a class on the Northside? Are there classes you'd like to see offered? Contact Kevin at 612-668-1922 or kevin.czmowski@mpls.k12.mn.us.

Community Events

Ongoing Tuesdays – Camden Running Club at 6 p.m. All running abilities welcome. Running distances determined by those runners in attendance. Contact Eric Nystrom at camdenrunningclub@gmail.com.

Ongoing Thursdays - Sign up for Medical Assistance every 2nd Thursday, Webber Park Library, 4310 Webber Parkway, 12:30-3:30 p.m. Are you currently without health insurance? Stop by to see which free or low cost health care program you're eligible for. Free screening and application assistance for Medical Assistance and Minnesota Care programs. Call 612-384-4501.

Ongoing Saturdays - Camden Garden Club meets to beautify our community. Want to volunteer on an evening instead? Call Lisa at 612-588-0483 or Nancy at 612-522-7529.

Ongoing - Safely get rid of household hazardous materials. Paint, aerosol cans, pesticides, batteries, mercury items (thermostats and fluorescent bulbs); everyday products cannot go in the trash. Hazardous wastes harm humans, wildlife, air and water. July 26-28 at Dunwoody College; and August 16-18 at Pillsbury School. Visit hennepin.us/collectionevents.

Saturday, 6/2 - Camden Community Garage Sale events all over Camden: Victory and Cleveland Garage Sale and Flea Market, 9 a.m. to 5 p.m. Over 60 sales in Victory Neighborhood including a Flea Market at Loring School (9 a.m.- 2 p.m.).

Big garage sales in Lind-Bohanon, 9 a.m.-1 p.m. Maps available at each sale, local businesses and victoryneighborhood.org. Get some great deals at these Camden events!

Saturday, 6/2 - McKinley Neighborhood Center Grand Opening Celebration, 11 a.m. to 4 p.m., 3300 Lyndale N. Come for food, fun and festivities as the McKinley neighborhood and friends celebrate. Everything is free! Events, games and artwork for kids; live music and spoken word performances; tours of building and nearby farming locations. Gifts of door prizes, security motion lights for homes, plants and more.

Tuesday, 6/5 - Loring Peace Parade. Come celebrate the end of another successful year of learning by the students of Loring School. Come cheer us on from 1:45-2:15 p.m. at Loring School, 2600 44th Ave. for our yearly peace parade. Questions: Joyce Lehman at 612-668-2060.

Tuesday, 6/5 - LBNA Food Preservation Class, 6-8 p.m., Creekview Park 5001 Humboldt. U of M food safety extension educator Suzanne Driessen updates safe home food preservation methods. Learn the safest ways to preserve foods by canning, freezing and pickling. Whether new at preserving food or preserving for years, the Preserving Food Safely: Exploring the Options class is for you! Free! Info lindbohanon.org or 612-588-7641.

Wednesday, 6/6 - AchieveMpls celebrates 10th anniversary, Mill City Museum, 704 South 2nd St. Free, 5:30-7:30 p.m.; live music, appetizers, cash bar. Register by May 30 at 612-455-1530 or achievempls-10-year.eventbrite.com.

Monday, 6/11 - Fare For All Express, 5-7 p.m. Save up to 40 percent on frozen meats and fresh fruits and vegetables. Open to everyone. North Community YMCA, 1711 West Broadway Ave. Info: 763-450-3880 or www.fareforall.org.

Tuesday, 6/12 - Bottineau Transitway Public Hearing, 5 p.m., Hennepin County Board Room. Gives folks the opportunity to provide comments on four alternatives. HCRRA will then make its recommendation on June 26. To speak, sign up at 612-348-9260 or at the hearing.

Tuesday, 6/12 - 4th Precinct Court Watch, 6:30 p.m., North Regional Library. Discuss property crimes, Felons in Possession, and other resident' concerns.

Thursday, 6/14 - Live on the Drive with Regina Marie Williams, 6-8 p.m., 34th Ave. Free concert for everyone! Pack a picnic, invite your neighbors, bring your friends and walk or roll to Live on the Drive on 34th. Info: www.liveonthedrive.org or 612-588-1155.

Thursday, 6/21 - FNA's Ice Cream Social, a family celebration, Folwell Park, 5:30-8 p.m. Free ice cream: Sundae cones, 'push ups' and All American Pops (like Bomb Pops). Join the fun: Pickles the Clown, face painting, family activities and games, plus Tony LaMotte is back to do caricatures. Local community agencies, schools and churches available to answer questions. New this year is a Think Tank for you to tell FNA what ideas you have for moving North Minneapolis ahead.

Thursday, 6/21 - Bike Cops for Kids summer kick-off! Kids! Bike to Lucy Craft Laney School 1-3 p.m. for a grand bike party! Bike Cops for

Kids launchings its summer program with nine police officers. Meet the officers, get your bike tuned up, go through a bike safety course, and have the opportunity to win some great prizes.

Wednesday, 6/27 - 19th Annual Ice Cream Social, 7-9 p.m., Victory Park. Join your neighbors at Loring School, 44th and Thomas. Eat ice cream and popcorn, ride the ponies, bounce in the bounce house, have your face painted, and enjoy performances of area musicians/artists including singers and dancers from Patrick Henry Asian Cultural Club. If rain, activities are in Loring school gym.

Libraries

June events at Webber Library, 4310 Webber Pkwy, 612-543-6750.

Friends Meeting, Mondays, 6:30 p.m. Join fellow library enthusiasts to hear what's happening at Webber Library. Help support your local library by planning and volunteering at book sales, programs and special events.

Teddy Bear Band - June 7, 2-3 p.m. Entering K-grade 2. Bring your own teddy bear, guaranteed to inspire movement, imagination and fun for all! Go on a musical journey of imaginary rides, games and Bear-Robics.

Job Search Assistance - Thursdays, June 14, 1 p.m. Are you seeking new employment or re-entering the workforce? Do you need help looking for a job, filling out applications or writing your résumé? Stop in for free one-to-one assistance with a job search representative.

Ongoing - read.write.draw. Entering K-6. What are you reading this summer? Tell other kids by creating a short review at your local library or online at www.hclib.org/kids/books/reviews. Each review earns you a chance to win a free book each week. Your reviews help other kids find great books to read.

Girls Only Book Club Online June 25-29. Girls entering grades 4-6. Join other girls to talk about a great book! Participate in the book discussion through www.kidlinks.org, M-F, any time of day. You must have a current email address (may use family email) and Internet access (you can use a computer at the library, at home or a mobile device) to participate.

Guys Read Book Club Online June 25-29. Guys entering grades 4-6. Join other guys to talk about a great book! Participate in the book discussion through www.kidlinks.org, M-F, any time of day. You must have a current email address (may use family email) and Internet access (you can use a computer at the library, at home or a mobile device) to participate.

June events at North Regional Library, 1315 Lowry Ave. N., 612-543-8450.

Preschool Storytime, Fridays, June 1-Aug. 24, 10:30-11 a.m. For children ages 4 to 6. Help your preschooler get ready to read. Enjoy stories together and build language skills. After storytime do a craft, learn a new poem or enjoy other activities and get tips on how to encourage and support reading and literacy at home. International Teen Club, Tuesdays, June 5-Aug. 28, 5-7 p.m. Entering grades 6-12. Explore your personality, improve leadership skills and increase community involvement. Learn something new and build friendships. "Hmonglish" is spoken during meetings!

Toddler Storytime, Wednesdays, 10:30 a.m. For children ages 2 and 3. Interact with your toddler to nurture a love of books. Learn letters, sounds, and new words. Be active with music and movement.

Game On! Gaming Thursdays, June 7-Aug. 30, 5-7 p.m. Entering grades 6-12. Play PS2 or Wii games at the library! Grab a friend, bring your favorite board or card game, or play ours!

World of Work Orientation for Ex-Offenders, Tuesdays, June 12, 26, 4-6 p.m. Drop-in service for people with a criminal background who need assistance with job applications, résumés, interview skills and support in overcoming that barrier to land their dream job.

Adventures of the B. Safe Bear, Thursday, June 14, 1 p.m. Preschool-entering grade 5. Tornadoes, floods and storms, oh my! Learn how to stay safe, even when the weather isn't, with the B. Safe Bear.

Chemists in the Library, Saturday, June 16, 1:30-3:30 p.m. Entering K-grade 6. Learn about the wonders and excitement of chemistry with easy-to-do activities led by this volunteer group of chemistry students, teachers and professionals eager to share the science with all ages.

Small Business Consultation With Northside Economic Opportunity Network, Wednesdays, June 20, July 18, Aug. 15; 4-6 p.m. How do you turn your business ideas into business realities? Do you have questions about running your business? Stop in for a free consultation with Northside Residents Redevelopment Council and learn about resources, loans and training to help you be an effective business owner.

Juneteenth: Slavery and the Making of America, Saturday, June 23, 2 p.m. A viewing of PBS' Slavery and the Making of America: The Challenge of Freedom, followed by a discussion moderated by storyteller Vusumizi Zulu and history professor Mahmoud El-Kati.

Brodini Comedy Magic Show, Thursday, June 28, 2 p.m. Entering K-grade 6. Magician Graylyn Morris will raise spirits and test kids' powers of concentration as he manipulates ropes, scarves, balls and other magician's props in a perplexing "now-you-seeit, now-you-don't" performance!

Parks

Ongoing - Loppet Adventure Camp. Explore Theodore Wirth Park trails. Youth spend days canoeing, mountain biking, orienteering and exploring the woods. Week-long day camps thru summer. Ages 9-13. June 11-15, July 9-13, 16-20, 23-27 and Aug. 6-10. Cost \$180. Scholarships available. Contact Allie 612-604-5333.

Ongoing programs at Kroening Interpretive Center - June 3, Telescopes and Microscopes; June 10, Feed Me!; June 17, Birds of Summer; June 24, Frogs. Owls Among Us, Saturday, June 23, 1-3 p.m. Meet a live owl and learn about their adaptations and behavior. Hike in the park to find where owls might roost. Reservations required. Cost \$5.

Sunday, 5/27 and 28 - Free Family Fun Day: Pond Critters, 1-3 p.m., Kroening Interpretive Center, North Mississippi Regional Park. Search for baby insects and tadpoles

Calendar continued on page 11

A winning team

By Jay Clark

Farview soccer player Srisuk Vang thanked Tony Sanneh and his foundation for providing training and equipment for his team. Srisuk was very nervous about speaking in front of hundreds of people at the Sanneh foundation's Gala 4 Goals fundraiser in a language he is still learning.



But Srisuk and the other Farview soccer players were a big hit. Srisuk explained how all the players are Hmong refugees, most were born in Thailand, and many are very poor. Last fall the Sanneh foundation donated soccer shoes for half the players on the Farview soccer team.

With the Sanneh Foundation's help, Farview went on to win two Minneapolis city championships and the good sportsmanship award. The Gala 4 Goals was held on March 24 at the Depot in downtown Minneapolis.

Calendar continued from page 10

in the pond. Look at pond creatures close up. Drop in anytime. Free, all ages.

Saturday, 6/5 - Fire Making 101, 1-3 p.m., Kroening Interpretive Center, North Mississippi Regional Park. Get ready for campfire season by honing your fire-building skills. Learn to set, light and put out a fire. Try out ancient fire-starting methods, and use your fire to make a tasty snack. Cost \$5; reservations required. Call 763-559-670. Ages 6+.

Resources

Ongoing: Drugs and drug addiction are problems our community struggles with. Get help at **Narcotics**

Anonymous. No fees or dues. Meet Thursday, 5 p.m. or Sundays at 7 p.m. at Salem Lutheran Church. Info at naminnesota.org/ or call 952-939-3939.

July

Saturday, 7/21 - 6th Annual Tour De Camden, 9 a.m.-noon, an official Aquatennial affiliated event. A leisurely bike ride through the historic seven Camden neighborhoods on the last day of the Aquatennial. Takes participants through a national park, past several landmarks, with various educational pit stops along the route. Visit Fb or www.tourdecamden.com.

Classified Advertisements

Camden News classified ads are an effective and inexpensive way to reach residents. Your ad is placed on our website at no extra charge. To place an ad, contact ads@camdenews.org, or leave a message at our voice mailbox at 521-3060. Classified ads are 70 cents per word, \$7 minimum. If you want to box your ad, it's an additional \$10. Ads must be paid prior to publication. Send check to Camden News, P.O. Box 11492, Mpls. 55411 or pay with credit card via PayPal at www.camdenews.org.

Services

Carpet and upholstery cleaning. Two rooms starting at \$59. Owner/operator, 45 years experience. Dave, 612-721-5105 or cell 612-636-3073.

Handyman Services. Dependable quality work at a reasonable rate. Friendly service. Call Ray at 612-702-0999.

Carpet Cleaning, \$20 a room. Any Size or Condition! 763-688-5707. **Furniture re-upholstery.** Save grandma's chair and sofa! Owner/operator, 45 years experience. Dave, 612-721-5105 or cell 612-636-3073.

Yardworks Professional Lawn Service: Total yard and lawn care Licensed and Insured/On Angies List 20 plus years of serving the community. Free Estimates. Call 763-561-0711.

Painting, wall paper removal, small wall repair. Three rooms \$250. Jim 612-698-0840.

Professional lawn service. Mowing, fertilization, weed control, mole trapping. 18 year Camden resident. Licensed and Insured. 612-267-4646.services@fjpestandlawn.com.

General

Garage Sale, 4351 Queen Avenue N. Friday and Saturday June 1-2, 8 a.m.-4 p.m. HH, +size clothing, KK including Enesco, cows, pigs. new gift items.

Students continued from page 1

school students, Henry high could face an exodus of students. Further, parents of 8th grade Hmong students could opt to enroll their children in high schools offering school bus rides.

In the current school year, Edison and Roosevelt High schools have offered the Go-To card as an option, while still making school buses available.

Many Hmong student leaders believe that Henry High is less likely to lose Hmong students if the Go-To bus card is an option at Henry in 2012-2013, with school bus rides available. It will give the Minneapolis school system a year to talk with Hmong families and get their feedback on the city bus proposal.

If some Henry students use the Go-To card, and there are no problems on the city buses, then this could be a major selling point to help convince Hmong families that using the Go-To card can be safe.

If some Henry students use the Go-To card and there are lots of problems on the city buses, then the school system may need to modify its transportation plans. Either way, making the introduction of the Go-



On May 18, 600 North Minneapolis residents enjoyed the Henry High May Show, sponsored by the Henry Asian Culture Club. Photo by Jay Clark.

To card more gradual and leaving the school bus option open in 2012-2013 gives Henry High a better chance of not losing students because safety-conscious families feel they are being forced to use city buses.

Worship in Camden

St. Olaf Lutheran Church

Emerson at 29th Ave. N. 612-529-7726

Sunday School/Adult Bible Class 9 a.m. Worship 11 a.m. Thursday Youth Group 6:30 p.m.

> Pastor Dale Hulme www.stolaflutheran.org

We welcome all, including gay and lesbian people.

Coming together to serve with the St. Olaf Residence North Minneapolis Meals on Wheels New Directions Youth Ministry

Gethsemane Lutheran Church

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GethsemaneLutheranChurch@msn.com www.glc-mpls.org



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Oliver and Lowry 521-3493
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Communion 1st & 3rd Sundays All are welcome!
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Pastor Melissa Pohlman

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Pastor Robyn Provis
email: office@salem-elca.org;
Facebook: Salem Lutheran Church/
North Minneapolis
Website: salem-elca.org



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www.faithbaptistmpls.com Sunday School 9:15 a.m. Worship 10:30 a.m.

> Kerry L. Bender Senior Pastor AWANA, 6:45 p.m.

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3751 Sheridan Ave. N.
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Fellowship Hour/
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Eat this! How to choose the best food for your pet

By Kelly Benning, DVM

One of the most common questions my clients ask is, "What is the best food for my pet?" I always answer with, "How much time do you have?" Hundreds of food companies exist—most of them have foods with very well balanced, appropriate diets. Nowadays, you can get advice from the groomer, the pimple-faced pet store employee, your neighbor and even Dr. Google. While many of these people have a good idea, do they truly know what is ultimately best? Even veterinarians know there is no "perfect" food for the average Fido or Felix. It really depends upon what your pet needs. Is there a food allergy? A sensitive stomach? A need for a certain protein to carbohydrate ratio? Grain free? You get the picture...no one food will fit every dog.

Where I do get particular, however, is when owners are constantly switching their pet's diet. First of all this can cause stomach upset, diarrhea or vomiting. It can also eliminate the options in the future for diet trials if there does become an allergy problem. Dogs and cats do not need a variety in their diet as some of the pet stores or food companies lead us to believe. Find a food that works for your pet and stick with it.

If your pet is eating a complete and balanced commercially available pet food, supplements are not necessary for the average pet. The Association of American Feed Control Officials (AAFCO) is hands-down the gold standard for choosing a commercial diet. They set the regulations based upon years of research. Never choose a diet that does not have the AAFCO statement.

So what about the recent trends such as holistic or grain-free? There are no regulatory rules for the terms holistic, premium, ultraor super-premium, gourmet or human grade. Pet foods are manufactured under FDA authority but not subject to USDA inspection as are human foods. Commercially available pet foods, both dry and canned, have been used successfully for years. Most manufacturers use sophisticated mechanisms for quality control and food safety, including screening and reporting systems. Therefore commercial foods remain a consistent, safe and healthful option for feeding pets.

Raw diets, both home-prepared and commercial, have also become more popular. Advocates of raw diets claim benefits ranging from a longer life to superior oral or general health and curing diseases. Proof is currently restricted to testimonials. There are currently no published peer-reviewed studies that support the claims made by raw diet advocates. Raw meats may be more digestible, leading to the theory dogs with sensitive gastrointestinal tracts may reap the most benefits. Regardless there are risks associated with raw diets such as nutritional imbalances or bacterial and parasitic contamination. Safe and proper handling of raw foods is crucial for reducing the risk, but safety cannot be guaranteed. It is best to discuss raw foods diets with your veterinarian so that an informed decision can be made.

Some owners feed a home cooked diet when a pet refuses commercially available diets. In some pets this is a learned behavior (read: too many people food treats!), while in others it may be medically necessary. Some pets may have a particular combination of diseases for which no suitable commercial diet exists. In these cases, a home prepared diet can be an appropriate solution. There are many recipes for home prepared pet diets available on the Internet; the vast majority of these are inadequate and unbalanced. If you wish to prepare your pet's food at home, allow your veterinarian to help you concoct the best balanced meal for your pet.

Basically what this all boils down to is trust your veterinarian to lead you down the proper pathway in choosing food for your pets. After all, your pet's health is just as important to us as it is to

Community History

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Behind the Victory Flagpole – The canoe races

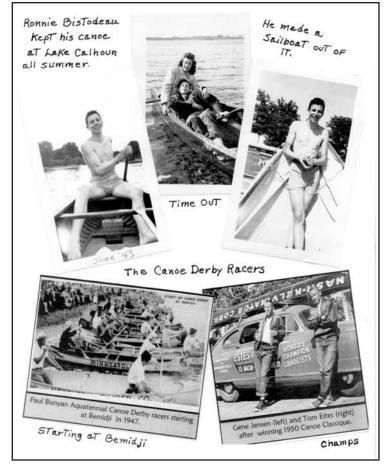
By Barbara Meyer Bistodeau

I recently learned something about the Minneapolis Aquatennial that I never knew before, that part of the Aquatennial included canoe races. How I could have escaped that fact, I don't know. I was once a real canoe enthusiast. My high school boyfriend, Ronnie Bistodeau, (North High) had a canoe he kept docked at the Lake Calhoun boat ramp and we had many a joyful time sailing around Calhoun, Lake of the Isles and adjoining lakes. I say "sailing," because he had his canoe equipped with a sail set in a wood block in the middle of the canoe, necessitating less energy in the operation of the thing. Actually, some paddling would have been better exer-

The way I belatedly learned about the canoe races was from the book The Mississippi Courts, written by Amy Lucsebrink, Mike Fahey and Kenny Fosberg. Called the Paul Bunyon Aquatennial Canoe Derby, it began in 1940 and was typically held the week before the start or the Aquatennial. It was said to be one of the most challenging and exhausting competitions in the country, lasting

three days and spanning 450 miles. It started in Bemidji and ended at the West Broadway Bridge. To go along with the race, eight Minnesota towns held regional dance contests introducing the "Aquatrot," official dance of the festivities. These towns were Bemidji, Grand Rapids, Palisade, Aitken, Brainerd, Little Falls, St. Cloud and Anoka.

One of the top racers in the derby was four-time champion, Gene Jensen of Brooklyn Park. He mentioned in an article in the Minneapolis Star Tribune that he was lucky to find his partner, an old schoolmate, Tom Estes. Before finding Estes he said he "couldn't find friends who were dumb enough to run a 450 mile race." Wow, such nice sentiments! The Jensen/Estes team did very well winning the race four times; in 1948, 1949, 1950 and 1960. Some of his memories depicted how intense and physically demanding the race was. Jensen said, "That marathon stuff is tough on you. After racing 8 to 10 hours a day on the Mississippi, you were so darn tired, you hoped you didn't die in your sleep."



To prepare for the race, Jensen trained four days a week, after the winter ice thawed. The canoes were different back then. Being made of wood, they became soaked with water and as the race went on, became heavier and heavier. They could change from 80 lbs. to 90-100 lbs. making the latter part of the race more difficult.

Another tough canoe racer was Alvin Wisneck, 69, of Brooklyn Center, who said, "The \$1500 first place prize for the grueling race was good, but it was nothing for all that work." The only time he raced in the canoe derby his weight dropped from 172 to 150 lbs.

The end of the Aquatennial canoe race occurred in 1960. Gene Jensen speculated that he believed the event ended because it wasn't getting enough national publicity to justify it. Or maybe it didn't get enough local publicity. As for Gene Jensen, he went on to design canoes and paddles, and invented the world renowned bent-shaft paddle!

Note: Taken from the book, The Mississippi Courts, authors stated above.





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